



The CCAL office is located on the first floor of The Rowe House, 31 Maple Street, Oneonta

Office Hours: Tuesday, Wednesday and Thursday, 12:30 to 4:30 p.m.

Email: ccaloneonta@stny.rr.com

FAX: (607) 436-9682

Our Website:

<https://ccaloneonta.org>

Mailing address:

CCAL
PO Box 546
Oneonta, NY 13820

Phone: (607) 441-7370

THE ORGANIZATION

The Center for Continuing Adult Learning, Inc. (CCAL) is a membership organization sponsored by the State University of New York at Oneonta and Hartwick College. CCAL is one of close to 300 Institutes for Learning in Retirement across the United States, all members of the Elderhostel Institute Network. All of our facilitators are volunteers as are the Board members and Committee members who are responsible for the operation of the organization. It takes many people, giving freely of their time, to execute the work necessary to have a well-run organization. If you have an interest in serving in one of the following areas, please get in touch with one of the officers of the Board or a Committee Chairperson.

2019 BOARD OF DIRECTORS

President:	Alice Cannistra	(607.432.2287)
Vice President:	Bob Parmarter	(607.638.9343)
Secretary:	Lilly Mathisen	(607.353.5288)
Treasurer:	Paula Marino	(607.643.1620)
Asst. Treasurer:	Olive Crews	(803.348.9787)

2019 STANDING COMMITTEES

Curriculum

Co-Chairs: Joan Kollgaard (607.441.3283)
Donna Behrendt (607.267.3338)

Marilyn Helterline	Tina Chrislip
Penny Bellinger	Hugh MacDougall
Tom Heitz	Bill Pietraface
Len Pudelka	

Finance & Administration

Chair: Olive Crews (803.348.9787)
Paula Marino
Alice Cannistra
Bob Parmarter

Public Relations

Chair: TBA
Stan Maricle (website)
Jane Miller
Sue Smith (website)

Member Events

Chair: Linda Stringer (607.432.0856)
Peggy Garramone
Carol Goodrich
Sharon Strait-Carey
Judy Wilson

Nominating

Chair: Dorothy Lawson (607.432.0904)
Shirley Ferguson
Shirley Fioravanti
Virginia Pudelka
Debbie Roth

College Liaisons

Hartwick College:
SUNY Oneonta: Michelle Thibault

OFFICE STAFF (607.441.7370)

Teri Weigl, Manager
Arlana Young, Assistant

Welcome to stress-free learning ~ no tests, no pressure!

As an affiliate of the Elderhostel Institute Network, CCAL has been offering courses to the community since January 1994 and is sponsored by SUNY Oneonta and Hartwick College.

CATALOG:

We have two catalogs each year: the Winter/Spring catalog published in October and the Summer/Fall catalog published in March. Our Curriculum Committee has endeavored, successfully, to strike a balance between the humanities, the arts, sciences and social sciences, and also include activities both indoors and out-of-doors.

MEMBERSHIP:

The membership fee for each **calendar year (January 1 to December 31)** is \$120 and you can join at any time.

Please note that your membership must be paid in full before your name can be placed on a class roster. As a full-time member you can enroll in as many classes as you like. We also have a partial membership: for \$60 you may take a maximum of four (4) courses during the calendar year. If, as the year progresses, you wish to take more classes, then you will need to pay the additional \$60 for a full membership. A membership enrollment form is in this catalog as well as on our website.

SCHOLARSHIPS:

Scholarship funds to waive the membership fee are available for full or partial CCAL memberships. To apply, call the Office (607-441-7370) and request a Scholarship Application form. Complete the form and return it to CCAL Board of Directors, PO Box 546, Oneonta, NY 13820. The requests are acted upon at the next Board Meeting and you will be notified immediately.

COURSE REQUEST INFORMATION:

All Course Requests must be made by mail, FAX, email, or in person in the Office. We cannot take Course Requests over the telephone.

All Course Request Forms will be held until the deadline dates: November 15 for Winter courses, January 15 for Spring courses, April 15 for Summer courses and July 15 for Fall courses, unless otherwise indicated. *When the deadline date is reached, then the class lists are created based on priority numbers, NOT by when the form is received.*

It is very important that you put your courses on the Course Request Form in your personal priority order:

- On the deadline date, all members who have signed up for courses will be placed on the class rosters according to priority number, NOT by when their form is received. When course maximum is reached, all remaining requests will go on a waiting list in the order of their priority number.
- Any requests received after the deadline date will be placed on the class roster/waiting list as class size permits, up to the beginning date of any course.
- We make every attempt possible to notify members of their course enrollment within two weeks of the deadline date for each session.

CHANGES:

On occasion there are changes in the scheduling of our courses after the catalog has been printed. Participants will also be notified if courses are cancelled for unforeseen reasons.

Within 2 weeks prior to the first meeting date for each course, you will receive by email (or U.S. Mail if you don't have email capability) a list of the class participants. This list serves as a course reminder and includes information for possible car-pooling, indicates whether you have responded to your course enrollment letter and also reflects any changes to the date, time or location of where the course will be held. Please review class lists for these changes.

If the Oneonta School District is closed due to weather, the CCAL Office will also be closed and any courses scheduled for that day will be cancelled.

2019 EVENTS

(Dates and times may be subject to change.)

Sunday, March 17

Spring Meeting

1:00 – 4:00 pm

Morris Conference Center, SUNY Oneonta

Tuesday, May 21

Facilitators' Luncheon

12 noon

Brooks' Roost

Sunday, October 20

Annual Meeting

1:00 – 4:00 pm

Morris Conference Center, SUNY Oneonta

CCAL TRIPS

CCAL generally offers 3-4 day trips to various locations of interest, including museums, opera and theater productions, special events and other sites. Emails and snail mails will be sent out after arrangements have been made. Suggestions for trips are always welcome.

Please contact Jean Seroka at jjwilser3@yahoo.com or 607-988-7007 if you would like to be added to or removed from the trip mailing list for receiving information about CCAL trips.

The New York City Ballet Company at SPAC in Saratoga Springs, Thursday July 19 at 2:00

We have tickets for a performance of 2 ballets with music composed by Peter Ilyich Tchaikovsky; *Serenade* and *Piano Concerto No. 2* and *Mozartina*, music composed by Paul Hindemith. All 3 ballets are choreographed by George Balanchine

LA TRAVIATA (The Lost One), Glimmerglass Festival, Cooperstown on Tuesday July 30, 1:30 pm

CCAL has seats reserved for this opera, which was composed by Giuseppe Verdi in the 1850s. You need to provide your own transportation to the opera.

TABLE OF CONTENTS

SUMMER 2019 COURSES (registration deadline: April 15, 2019)

Indoor Recreation (<i>for Sept. 1, 2019 thru August 31, 2020</i>)	1
What is Essential Tremor? (Dolores Rothwell).....	1
Genetically Modified Organisms (Bill Pietraface).....	2
Advanced Class for Silk Scarves (Elaine Downing).....	2
Silk Scarf Painting 101 (Elaine Downing)	2
Franklin Stage Company & the History of Chapel Hall (Leslie Noble)	3
In Digital Photography Sometimes Less is More (Pat Yeaman).....	3
Stephen Hawking Was an Atheist; Your Brain, Zen Buddhism & Mark Twain (Charles Hartley)	4
Enlightened Ladies of Otsego: Women Doctors, 1853 – 1899 (Leigh Eckmair)	4
Take a Hike (Ernest and Heide Mahlke)	5
Opera and Musical Theater at the Glimmerglass Festival (Glimmerglass Festival Staff)	5
Medicare 101 (James Farnham)	6
Photo Composition Continued: Working the Scene (Bill Ryall)	6
Cultural Binaries and Human Civilization (Tom Heitz and Sharon Stuart).....	7
Keeping an Eye on Otsego Lake (Bill Harman).....	7
Silk Scarf Painting 101 (Elaine Downing)	8
Discovering Daylilies – A Great Perennial (Carl O’Shea).....	8
Silk Scarf Painting 101 (Elaine Downing)	8
Beginner Belly Dance (Ramona Woodruff).....	9
Quest for the Antarctic Circle and Iceland: The Ring Road and Beyond (Daniel Palm).....	9
The Huntington Family in Oneonta (Sarah Livingston).....	9
Borneo, Brunei and Komodo Dragons (Daniel Palm).....	10
“Buy a Revolver and Shoot the Tramps” – Newsprint Advertising in Otsego County 1790 (Tom Heitz).....	10
Tuscany – Wine, Food, Art (Claire Kepner)	11

FALL 2019 COURSES (registration deadline: July 15, 2019)

Indoor Recreation (<i>for Sept. 1, 2019 thru August 31, 2020</i>)	13
Paris . . More Than the Eiffel Tower, Chapter 8: You Asked for It, Vol. 1 (Bill Ryall).....	13
Yellowstone and Grand Teton National Parks for the Disabled Traveler (Doug & Dorothy Scott Fielder) ...	14
The Great Gorilla Project – Uganda (Dolores Rothwell)	14

The Enlightenment – What is It, How Did It Happen, Why Do We Care? (Edwin Sanborn)..... 15

Shakespeare Again: *Midsummer Night’s Dream* (Patricia Gourlay) 15

Reading and Interpreting the Bible (Dr. Gary Bonebrake) 16

One Common Faith: A Baha’i Perspective on Religion (Marybeth Vargha) 16

Saying Goodbye to Friends and Family (Bruce Helstrom) 17

My Life Volunteering in a Refugee Camp in Greece (Shirley Ferguson) 17

Sacred Spaces and Spiritual Landscapes (Jim Mills and Zanna McKay) 18

Before Otsego: The Old England District and Its All Star Cast 1768 – 1783 (Leigh Eckmair).. 18

Pearl Harbor – After the Japanese Attack (Darryl Zdenek) 19

Book Discussion: *How Democracies Die* (Marilyn Helterline)..... 19

Genealogy for Beginners (Eileen Multari)... 20

Oneonta Studio Photographers, 1850 – 1930 (Wayne Wright)..... 20

Cyber Warfare (Harry Pence)..... 21

Carol Burnett: Her Life and Comedy – A Re-Run (Marjorie Pietraface) 21

Slovenijology – What is It About Slovenia? (Stanley Sessions)..... 22

Five Proven Ways to Lock-In Ongoing Lifetime Income (James Farnham) 22

The Women of the American Committee for Devastated France: 1916 – 1924 (Gail Baden) 23

Practical Ideas on How to Organize Your Affairs Prior to the Inevitable (Judith Pachter) 23

The Sting – Pure Entertainment (John Chamard)..... 24

The Importance of Being Oscar – The Life, Times and Persecution of Oscar Wilde (Tom Heitz)..... 24

The Balkans in Photos (Claire Kepner)..... 25

Gifts to Give / Gifts to Keep / UFOs (Flo Loomis and Jean Kohler)..... 25

Emily Dickinson and “The Issue of Belief” (Jim Johnson) 26

Music in Time of War (Spike Paranya)..... 26

Christmas Recycled (Fran Bliven)... 27

Tour of the Canadian Maritimes, eh?... 27

Facilitator Biographies 29

How to Give a CCAL Course..... 33

Course Proposal Form 35

Membership Form 37

Course Request Form 39

COURSE: **Indoor Recreation Course**

You must have a SUNY Oneonta Guest Pass to engage in these activities. Pass will be sent to members at no cost upon registration for this class. *****PLEASE NOTE CHANGES IN SCHEDULE*****

SWIMMING: Pool is located in the Chase Physical Education Building and is **open only when SUNY classes are in session from September 1, 2018 through May 2, 2019** as follows:

Monday – Friday	12 noon to 2:00 pm 8:00 pm to 10:00 pm
Saturday & Sunday	2:00 pm to 5:00 pm

Other activities available with Guest Pass from September 1, 2018 through August 31, 2019 as follows:

WALKING: Track located in the Field House, available anytime the building is open

TENNIS: Outdoor courts only, available anytime

RACQUET BALL: Courts located on lower level in the Chase Physical Education Bldg.
Available Mondays, Wednesdays, Fridays, 12 noon to 1:00 pm

COURSE: **What is Essential Tremor?**

Date(s): Monday, June 3

Time: 1:00 to 2:00 pm

Location: Room 104, Morris Conference Center, SUNY

Facilitator: Dolores Rothwell

Course Objective: To raise awareness of essential tremors – a neurological condition that affects more than 10 million toddlers, teens, middle-aged adults and the elderly.

Course Description: This course will help the public better understand this condition that causes trembling of the hands, head, voice, legs or trunk. It will show that essential tremors affect people at all ages and stages of life in many different ways. There is “familiar face” of essential tremors. The course will include a discussion of stereotypes and misconceptions.

Cost: None **Minimum Enrollment:** 10 **Maximum Enrollment:** 40

REGISTRATION REQUESTS DUE NO LATER THAN April 15, 2019

COURSE: **Genetically Modified Organisms (GMOs)**

Date(s): Tuesday, June 4

Time: 10:00 am to noon

Location: Little Theater, Alumni Hall, SUNY

Facilitator: Bill Pietraface

Course Objective: 1. To discuss the techniques used to produce GMOs.
2. To assess the benefits and risks of GMOs.

Course Description: The course will examine the use of genetic engineering techniques to modify plants and animals for use as food or non-food products such as drugs and other medical or industrial materials. The benefits and risks of such modification will also be discussed.

Cost: None **Minimum Enrollment:** 10 **Maximum Enrollment:** 75

COURSE: **Advanced Class for Silk Scarves 201**

Date(s): Friday, June 7

Time: 1:30 to 3:30 pm

Location: Elaine's garage, 183 River St., Oneonta

Facilitator: Elaine Downing

Course Objective: This is a class just for participants who already took my beginning class. You will now be able to play and experiment with other ways of working with fabric paints.

Course Description: Bring scarves you made in a previous class plus other fabrics (i.e. T-shirts, table cloths). We will embellish them with metallic paints and new designs, experimenting and creating one-of-a-kind artwork.

Cost: \$10 **Minimum Enrollment:** 1 **Maximum Enrollment:** 6

COURSE: **Silk Scarf Painting 101**

Date(s): Monday, June 10

Time: 1:30 to 3:30 pm

Location: Elaine's garage, 183 River St., Oneonta

Facilitator: Elaine Downing

Course Objective: We will each make 2 scarves using fabric paints.

Course Description: Learn how to paint silk scarves. Play with color and go home with two lovely and unique scarves. It's quite easy and lots of fun. This process may be a little messy, so wear clothes you don't mind getting "artful." I also provide aprons. All materials are supplied.

Cost: \$10 **Minimum Enrollment:** 1 **Maximum Enrollment:** 6

REGISTRATION REQUESTS DUE NO LATER THAN April 15, 2019

COURSE: **Franklin Stage Company and the History of Chapel Hall**

Date(s): Tuesday, June 11

Time: 11:00 am to 12:30 pm

Location: Franklin Stage in Chapel Hall, Franklin

Facilitator: Leslie Noble

Course Objective: To provide information about Franklin Stage Company, our historic home, Chapel Hall (1853), and our exciting upcoming 23rd season.

Course Description: Participants will enjoy a guided tour of Chapel Hall, the magnificent Greek Revival building that's been home to Franklin Stage Company for the last 23 years, and learn about the building's history and recent renovations. Additionally, Franklin Stage Company's artistic directors will offer a preview of their upcoming season. Bring a lunch and eat on our beautiful front porch, or enjoy a meal at the Tulip and The Rose or Two Brothers' Pizza in Franklin.

Cost: None **Minimum Enrollment:** 10 **Maximum Enrollment:** 50

COURSE: **In Digital Photography, Sometimes Less Is More**

Date(s): Wednesday, June 12

Time: 10:00 am to noon

Location: Little Theater, Alumni Hall, SUNY

Facilitator: Pat Yeaman

Course Objective: 1. To develop an understanding of the concepts of "less" vs. "more" as they relate to digital photography.
2. To demonstrate how many images can become more dynamic and impactful by including "less" within the frame rather than "more."

Course Description: 1. Using her own projected images, the facilitator will illustrate the distinction between "less" vs. "more" within various genres of digital photography.
2. The facilitator will show examples of and discuss ways to create images that include "less" but actually become more interesting, memorable, and impactful.
3. The attendees will share a morning of camaraderie and community with other CCAL members who also believe that "Photography is Phun."

Cost: None **Minimum Enrollment:** 5 **Maximum Enrollment:** 40

REGISTRATION REQUESTS DUE NO LATER THAN April 15, 2019

COURSE: **Stephen Hawking Was an Atheist: Your Brain, Zen Buddhism & Mark Twain**

Date(s): Thursday, June 13; Monday, June 17; Tuesday, June 18

Time: 1:30 to 3:00 pm

Location: Room 104, Morris Conference Center, SUNY

Facilitator: Charles Hartley

Course Objective: To introduce a number of paths that lead to atheism (with some rather deep metaphysics – not for the faint-hearted).

Course Description: Buddha taught that there is no thinker behind thoughts, there is no “I” or “self” and that our understanding of the human condition does not require the existence of a personal God. Cognitive Science tells us that thoughts are the result of neurons firing; there is no thinker, no “I”. Stephen Hawking believed “the laws of physics can explain the universe without the need for a creator.” He regarded the brain as “a computer which will stop working when its components fail . . . There is no heaven or afterlife for broken down computers.” Mark Twain believed that one’s character was predetermined by natural forces, leaving no place for God. (I’m not interested in conversion, just education.)

Cost: None **Minimum Enrollment:** 6 **Maximum Enrollment:** 30

COURSE: **Enlightened Ladies of Otsego: Women Doctors, 1853 - 1899**

Date(s): Monday, June 17

Time: 10:00 am to noon

Location: Room 104, Morris Conference Center, SUNY

Facilitator: Leigh Eckmair

Course Objective:

1. To open up a window on a subject that until now has been buried in mythology.
2. To introduce 10 important and fascinating Otsego County women.

Course Description: A PowerPoint presentation that will introduce these women, their education and their inter-relationships, education of the time and their overcoming of myriad obstacles to achieve their shared goal of becoming recognized MDs and in some cases, specialists in recognized subfields

Cost: None **Minimum Enrollment:** 10 **Maximum Enrollment:** 40

REGISTRATION REQUESTS DUE NO LATER THAN April 15, 2019

COURSE: **Take a Hike**

Date(s): Wednesdays, June 19 and 26, July 3 and 10

Time: 9:00 am to 1:00 pm

Location: To be determined by Facilitators

Facilitator: Ernest and Heide Mahlke

Course Objective: Fresh air and exercise with an opportunity to explore various hiking venues in our area.

Course Description: Four consecutive walks in Otsego, Delaware and Chenango counties, all new and all different from previous hikes we've done. All hikes will be from 3 to 6 miles and cover varying terrain. A list of walks, meeting places and equipment will be sent out prior to the first hike. Good sturdy boots are essential and a hiking pole is recommended.

Cost: None **Minimum Enrollment:** 10 **Maximum Enrollment:** 20

COURSE: **Glimmerglass Festival: A Musical Review**

Date(s): Thursday, June 20

Time: 11:00 am to 1:00 pm

Location: Glimmerglass Festival, Woodcock Back Porch (behind Administration Bldg) 7300 State Hwy 80, Cooperstown

Facilitator: Glimmerglass Festival Staff

Course Objective:

1. To offer a musical preview of the upcoming summer productions: Show Boat, La Traviata, The Ghosts of Versailles and the world premiere Blue.
2. To offer a glimpse into the performing arts industry through discussions with performers and staff.

Course Description: We will offer a slightly extended preview of all four mainstage shows at one time. There will be a 45-60 minute performance and information about each show, followed by a Q&A session with young artists and other members of our internship program and staff.

Cost: None **Minimum Enrollment:** 10 **Maximum Enrollment:** None

REGISTRATION REQUESTS DUE NO LATER THAN April 15, 2019

COURSE: **Medicare 101**

Date(s): Saturday, June 22

Time: 11:00 am to 1:00 pm

Location: Room 104, Morris Conference Center, SUNY

Facilitator: James Farnham

Course Objective: Provide a general overview of Medicare. Clarify and simplify the decisions that continually need to be made regarding benefits and insurance.

Course Description: Are you currently enrolled in Medicare? Will you be turning 65 over the next year or two? Learn about how and when to enroll, when you can make changes, and the insurance options available to you. Review and compare Medicare Parts A, B, C and D. Detail the costs associated with medical and drug insurance. Explore and evaluate Original Medicare, Medicare Supplement Insurance, Prescription Drug Plans and Medicare Advantage Plans. This program will simplify the choices you need to make, help you become more well-informed and explain what Medicare means for you.

Cost: None **Minimum Enrollment:** 5 **Maximum Enrollment:** 40

COURSE: **Photo Composition Continued: Working the Scene**

Date(s): Tuesday, July 9 and 16

Time: 10:00 am to noon

Location: Little Theater, Alumni Hall, SUNY

Facilitator: Bill Ryall

Course Objective: To examine some important ideas and techniques related to photo composition as we work to capture the best image possible, an image that truly represents our personal vision.

Course Description: One of the concepts we often talk about in our photo composition classes is the importance of “working the scene.” In cases where we have time and do not, our of necessity, have to grab the shot and run, there are several things we can do to improve the visual impact of our images. We will explore the roles of pre-planning, light, time of day, weather, our position in relation to the subject, perspective, using lines and patterns, focal lengths, depth of field, natural framing, in-camera cropping, color, controlling visual chaos, etc. (Don’t stress over some of the terminology; we’ll keep it simple and fun!) The various ideas we investigate will be illustrated with Bill’s images.

Cost: None **Minimum Enrollment:** 5 **Maximum Enrollment:** 30

REGISTRATION REQUESTS DUE NO LATER THAN April 15, 2019

COURSE: **Cultural Binaries and Human Civilization**

Date(s): Friday, July 12 and 19

Time: 10:00 am to 12 noon

Location: Little Theater, Alumni Hall, SUNY

Facilitator: Tom Heitz and Sharon Stuart

Course Objective: To explore the construction and operation of several common cultural binaries and their impact on individual identity and human behavior; and further, by extension, the potential cultural, economic and social outcomes for people identified as members of a specific class, ethnicity, race nationality, gender or sex-related group.

Course Description: This course will examine the following cultural binaries:

- a. Bi-racial (identified biologically as having DNA common to two or more race categories)
- b. Bi-ethnic (identified culturally as having life experience and/or parentage from at least two nationalities or racial groups)
- c. Bi-lingual (possessing ability to speak, read and write effectively in more than one language)
- d. Bi-gender (ability to present alternately as a person of distinct masculine or feminine identity)
- e. Gender fluid (ability to present as a person of indistinct masculine or feminine identity while combining elements of both)
- f. Intersex (a person whose biological sexual anatomy cannot be categorized as either completely male or female as judged by conventional societal standards)

Discussion will focus on historic examples and cultural outcomes for human civilization; how binaries affect daily life in various cultural settings; how binary boundaries in society are “policed” and “enforced” and transgressors penalized; how binary boundaries and their enforcers are attacked and trespassed to effect change.

Cost: None **Minimum Enrollment:** 25 **Maximum Enrollment:** 45

COURSE: **Keeping an Eye on Otsego Lake**

Date(s): Wednesday, July 17

Time: 9:00 am to 12 noon

Location: Otsego Lake. Meet at the Thayer Boat House, SUNY Oneonta Biological Field Station, Hwy 80, Cooperstown.

Facilitator: Bill Harmon

Course Objective: To learn about the character and quality of Otsego Lake, how it has been impacted by people and how we attempt to “fix” the problems.

Course Description: Three-hour field trip on Otsego Lake on the RV Anondontoides to observe human impacts, the flora and fauna, and the scientific instruments used to study the lake. We will discuss management strategies and their results.

Cost: None **Minimum Enrollment:** 5 **Maximum Enrollment:** 24

REGISTRATION REQUESTS DUE NO LATER THAN April 15, 2019

COURSE: **Silk Scarf Painting 101**

Date(s): Wednesday, July 17

Time: 1:30 to 3:30 pm

Location: Elaine’s garage, 183 River St., Oneonta

Facilitator: Elaine Downing

Course Objective: We will each make 2 scarves using fabric paints.

Course Description: Learn how to paint silk scarves. Play with color and go home with two lovely and unique scarves. It’s quite easy and lots of fun. This process may be a little messy, so wear clothes you don’t mind getting “artful.” I also provide aprons. All materials are supplied.

Cost: \$10 **Minimum Enrollment:** 1 **Maximum Enrollment:** 6

COURSE: **Discovering Daylilies – A Great Perennial**

Date(s): Tuesday, July 23

Time: 10:00 am to noon

Location: Little Theater, Alumni Hall, SUNY

Facilitator: Carl O’Shea

Course Objective: To teach gardeners and flower-lovers about daylilies.

Course Description: A short history of daylilies from species through modern hybrids. A discussion of modern daylily types and colors with illustrations. Discussion of growing daylilies and hybridizing. Mention of American Hemerocallis Society and some area growers.

Cost: None **Minimum Enrollment:** 5 **Maximum Enrollment:** 35

COURSE: **Silk Scarf Painting 101**

Date(s): Thursday, August 1

Time: 1:30 to 3:30 pm

Location: Elaine’s garage, 183 River St., Oneonta

Facilitator: Elaine Downing

Course Objective: We will each make 2 scarves using fabric paints.

Course Description: Learn how to paint silk scarves. Play with color and go home with two lovely and unique scarves. It’s quite easy and lots of fun. This process may be a little messy, so wear clothes you don’t mind getting “artful.” I also provide aprons. All materials are supplied.

Cost: \$10 **Minimum Enrollment:** 1 **Maximum Enrollment:** 6

REGISTRATION REQUESTS DUE NO LATER THAN April 15, 2019

COURSE: **Beginner Belly Dance**

Date(s): Fridays, August 2, 9, 16, 23 and 30

Time: 10:00 to 11:00 am

Location: Little Theater, Alumni Hall, SUNY

Facilitator: Ramona Woodruff

Course Objective: To teach basic belly dance movements and a simple dance routine.

Course Description: This course will include some history of Beledi, or belly dance. We will learn different styles of belly dance, and some basic dance steps. This form is cabaret, not tribal.

Cost: None **Minimum Enrollment:** 5 **Maximum Enrollment:** 15

COURSE: **Quest for the Antarctic Circle and Iceland: The Ring Road and Beyond**

Date(s): Monday, August 5

Time: 10:00 am to noon

Location: Little Theater, Alumni Hall, SUNY

Facilitator: Daniel Palm

Course Objective: To provide a narrated photo journey of Antarctica and Iceland

Course Description: Narrated photo journeys of one hour each will provide an overview of Antarctica and Iceland. The focus of the Antarctica journey will be the landscape and wildlife. The focus of the Iceland journey will be the landscape and cultural and historic sites.

Cost: None **Minimum Enrollment:** 10 **Maximum Enrollment:** 75

COURSE: **The Huntington Family in Oneonta**

Date(s): Tuesday, August 6

Time: 10:00 to 11:30 am

Location: Huntington Library, Oneonta

Facilitator: Sarah Livingston

Course Objective: To provide an overview of the Huntington family, including the famous railroad baron, Henry E. Huntington, during their time in Oneonta.

Course Description: Learn about the different Huntington family members, their appreciation for Oneonta and how they impacted our village that became a city. There will be a slide show and readings from various items in the Huntington Memorial Library local history collection. The Huntington Family Homestead was donated to the City in 1917 by railroad baron Henry E. Huntington as a memorial to his parents and is now the Huntington Memorial Library.

Cost: None **Minimum Enrollment:** 5 **Maximum Enrollment:** 25

REGISTRATION REQUESTS DUE NO LATER THAN April 15, 2019

COURSE: **Borneo, Brunei and Komodo Dragons**

Date(s): Wednesday, August 14

Time: 1:00 to 3:00 pm

Location: Craven Lounge, Morris Conference Center, SUNY

Facilitator: Daniel Palm

Course Objective: To provide an overview of the cultural and natural aspects of Borneo, Brunei and Komodo Islands through photos and narrative.

Course Description: This program will consist of a narrated photo journey through Malaysian Borneo, Brunei, Darussalam and Indonesia. The narrative supporting the photos will discuss the cultural and natural aspects of the area experienced during a 19-day journey in April 2019. Also included will be photos and information regarding the Komodo dragon obtained during a three day side trip to Komodo Islands National Park.

Cost: None **Minimum Enrollment:** 10 **Maximum Enrollment:** 75

COURSE: **“Buy a Revolver and Shoot the Tramps” – Newsprint Advertising in Otsego County**

Date(s): Thursdays, August 15 and 22

Time: 10:00 am to noon

Location: Room 104, Morris Conference Center, SUNY

Facilitator: Tom Heitz

Course Objective: This course will survey the history of newsprint commercial advertising graphics and messaging from the early 1790s to the present in Otsego County. Advertising graphics taken from Oneonta Herald, the Daily Star, The Otsego Herald, and The Freeman’s Journal will be displayed in both print form and power point to reflect the social, cultural and economic history of our area from 1790 to the present.

Course Description: Commercial advertising, though generated initially as a means of attracting interest and responses from readers, also offers a rich resource for local historians, providing insight into the commerce and economic history of our area. Print advertising also provides a window into generational differences, social relations, political and economic changes, entertainment preferences, food, diet and our priorities as a community.

Cost: None **Minimum Enrollment:** 25 **Maximum Enrollment:** 40

REGISTRATION REQUESTS DUE NO LATER THAN April 15, 2019

COURSE: **Tuscany – Wine – Food - Art**

Date(s): Monday, August 19

Time: 10:00 am to noon

Location: Little Theater, Alumni Hall, SUNY

Facilitator: Claire Kepner

Course Objective: I wish to share the pictures I took while in Tuscany in September 2018.

Course Description: Pictures of my trip to Tuscany, Italy.

Cost: None **Minimum Enrollment:** 20 **Maximum Enrollment:** 75

This page is intentionally blank

REGISTRATION REQUESTS DUE NO LATER THAN July 15, 2019

Indoor Recreation Course

You must have a SUNY Oneonta Guest Pass to engage in these activities. Pass will be sent to members at no cost upon registration for this class. *****PLEASE NOTE CHANGES IN SCHEDULE*****

SWIMMING: Pool is located in the Chase Physical Education Building and is **open only when SUNY classes are in session from September 1, 2018 through May 2, 2019** as follows:

Monday – Friday	12 noon to 2:00 pm 8:00 pm to 10:00 pm
Saturday & Sunday	2:00 pm to 5:00 pm

Other activities available with Guest Pass from September 1, 2018 through August 31, 2019 as follows:

WALKING: Track located in the Field House, available anytime the building is open

TENNIS: Outdoor courts only, available anytime

RACQUET BALL: Courts located on lower level in the Chase Physical Education Bldg.
Available Mondays, Wednesdays, Fridays, 12 noon to 1:00 pm

<u>COURSE:</u>	<u>Paris - More Than the Eiffel Tower, Chapter 8: You Asked For It, Vol. 1</u>
Date(s):	Thursday, September 5
Time:	10:00 am to noon
Location:	Little Theater, Alumni Hall, SUNY
Facilitator:	Bill Ryall
Course Objective:	To continue our ongoing look at Paris, this time treating some of the requests made by class participants.
Course Description:	In Chapter 7 of our continuing exploration of Paris, Bill asked class participants to submit themes and/or locations in Paris they would like to see addressed in future chapters. You gave him enough input for the next two, probably three, chapters. So here we go! As always, commentary will certainly be from this Francophile's perspective, but this photographer will no doubt have his input as well! Feel free to join us for another "rocking chair" stroll around Paris.
Cost:	None
Minimum Enrollment:	5
Maximum Enrollment:	75

REGISTRATION REQUESTS DUE NO LATER THAN July 15, 2019

COURSE: **Yellowstone and Grand Teton National Parks for the Disabled Traveler**

Date(s): Monday, September 9

Time: 10:00 am to noon

Location: Craven Lounge, Morris Conference Center, SUNY

Facilitator: Doug and Dorothy Scott Fielder

Course Objective: To show that even visitors with some disability can have a worthwhile experience

Course Description: We travelled to Grand Teton and Yellowstone National Parks in October 2018. Doug uses a walker and is not able to go hiking anymore. With the aid of a guidebook for “wheelers and slow walkers” visiting the parks, Scott was able to plan a trip there. Even though a week was a short time for this large area, we were able to get a good sampling of the varied terrain and geological features, which will be illustrated by our slides.

Cost: None **Minimum Enrollment:** 5 **Maximum Enrollment:** 75

COURSE: **The Great Gorilla Project (Uganda)**

Date(s): Monday, September 9

Time: 1:00 to 3:00 pm

Location: Room 104, Morris Conference Center, SUNY

Facilitator: Dolores Rothwell

Course Objective: Learn about gorillas in the wild. Also learn about schools and orphanages supported by monies earned from gorilla treks.

Course Description: Through photos and videos, travel through the Bwindi Impenetrable Forest to visit a family of gorillas. Visit a school which works primarily with children with special needs – deaf, blind, autistic and physical handicaps. Attend a film on conserving the environment in a cinema, pedal-powered by school children. Walk through a reconstructed Ugandan village and see life as it was in the past through reenactments by senior citizens. Travel down the Kazinga River to glimpse wildlife, birds and fishermen putting their boats in the river. And more!

Cost: None **Minimum Enrollment:** 1 **Maximum Enrollment:** 40

REGISTRATION REQUESTS DUE NO LATER THAN July 15, 2019

COURSE: **The Enlightenment – What Is It, How Did It Happen, Why Do We Care?**

Date(s): Tuesday, September 10, 17, 24 and October 1

Time: 10:00 am to noon

Location: Room 104, Morris Conference Center, SUNY

Facilitator: Edwin Sanborn

Course Objective: We will learn about the Enlightenment - who were the great figures, what were the discoveries that contributed to its evolution, and how ideas and principles that grew from the Enlightenment continue to be relevant in the 21st century. Historical period to be covered will be approximately 1600 – 1815 AD.

Course Description: The class will be lecture, mingled with periods of open discussions. The course presentation will include PowerPoint, bibliography and online links. Students will receive these materials via email prior to the first session and are asked to print them and bring to class.

Cost: None **Minimum Enrollment:** 10 **Maximum Enrollment:** 40

COURSE: **Shakespeare Again: *Midsummer Night's Dream***

Date(s): Tuesdays, September 10, 17, 24 and October 1, 8

Time: 2:30 to 4:30 pm

Location: Room 104, Morris Conference Center, SUNY

Facilitator: Patricia Gourlay

Course Objective: To offer enhanced understanding and appreciation of the play and the pleasure of discussing it.

Course Description: Close reading of the play, some attention to its historical context, viewing some performances on film. Lively discussion, all opinions welcome.

Cost: Copy of the play with footnotes

Minimum Enrollment: 15 **Maximum Enrollment:** 20

REGISTRATION REQUESTS DUE NO LATER THAN July 15, 2019

COURSE: **Reading and Interpreting the Bible**

Date(s): Wednesdays, September 11, 18
Thursdays, September 12, 19
Friday, September 20

Time: 10 am to noon

Location: Room 104, Morris Conference Center, SUNY

Facilitator: Dr. Gary Bonebrake

Course Objective: The objective is to help students know how to responsibly interpret the Bible. The Bible, like all other great literature, is often misquoted and abused. This course helps students think carefully about how to better read and responsibly interpret the Bible, so that its timeless message is heard and understood.

Course Description: The course will include basic guidelines for interpreting the Bible, and then show how to apply the principles to the various genres of the Bible: narrative, law, prophecy, poetry, gospel, epistle and apocalyptic literature (Revelation).

Cost: None **Minimum Enrollment:** 7 **Maximum Enrollment:** 40

COURSE: **One Common Faith: A Baha’i Perspective on Religion**

Date(s): Thursday, September 12

Time: 1:00 to 3:00 pm

Location: Room 104, Morris Conference Center, SUNY

Facilitator: Marybeth Vargha

Course Objective: To introduce Baha’i concepts of the unity of mankind and progressive revelation. To engage in a discussion about how “Faith” is relevant to solving today’s problems. Look at ways religion can be a source of advancing civilization.

Course Description: This class will explore the Baha’i Faith teachings on the Unity of Religion and Unity of Mankind using a publication One Common Faith written by the Baha’i Universal House of Justice in 2005 (copies provided). This document discusses the world resurgence of interest in religion after the vast changes that took place in the twentieth century. In the two hours, only a few topics from the book will be covered in depth. This class is flexible and encourages discussion.

Cost: None **Minimum Enrollment:** 4 **Maximum Enrollment:** 25

REGISTRATION REQUESTS DUE NO LATER THAN July 15, 2019

COURSE: **Saying Goodbye to Friends and Family**

Date(s): Wednesday, September 18

Time: 1:00 to 3:00 pm

Location: Room 104, Morris Conference Center, SUNY

Facilitator: Bruce Helstrom

Course Objective: 1. Understand a little bit more about your feelings, strengths and challenges when visiting the sick and dying.
2. Understand and practice active listening.
3. Understand and utilize active listening in accomplishing end of life tasks.

Course Description: One of the challenges in life is saying goodbye. This two-hour course is designed to help prepare family, friends and colleagues for that challenge. The first hour is devoted to a discussion of the psychology of visitation. Active listening, end of life tasks, the ministry of silence and the witness to pain are briefly examined. The second hour is an exercise in role play. Volunteers will be given a scenario whereby they can act as visitor or patient. A bibliography for further reading will be handed out.

Cost: None **Minimum Enrollment:** 2 **Maximum Enrollment:** 10

COURSE: **My Life Volunteering in a Refugee Camp in Greece**

Date(s): Wednesday, September 25

Time: 10:00 am to 12 noon

Location: Craven Lounge, Morris Conference Center, SUNY

Facilitator: Shirley Ferguson

Course Objective: Help the class understand a bit about the particular plight of over 1,000,000 refugees who, in an effort to escape war, persecution, natural disasters, and poverty, landed in Greece only to learn that all borders were closed to them, forcing them to live indefinitely in camps. More specifically, I want to share my experiences working with primarily Afghan and Syrian refugees in the Ritsona Refugee Camp located in central Greece. And if I'm lucky enough to get out and about on weekends to enjoy other parts of Greece, I'll share those experiences as well.

Course Description: I'm writing this before I'm actually taking this three-week trip, but according to the documentation I've received, I'll be performing a number of jobs that help support the needs of the 600 refugees – ranging from working in the distribution center ensuring the families have milk, various hygiene products, and tea to working in the clothing shop, as well as working at times in the laundry. I'll be disappointed if I don't also get to help entertain the kids!

Cost: None **Minimum Enrollment:** 5 **Maximum Enrollment:** 75

REGISTRATION REQUESTS DUE NO LATER THAN July 15, 2019

COURSE: **Sacred Space and Spiritual Landscapes**

Date(s): Friday, September 27

Time: 12 noon to 2:00 pm

Location: Jim Mills' house: 48 Woodside Ave., Oneonta

Facilitator: Jim Mills and Zanna McKay

Course Objective: To explore some of the various ways that people perceive/create sacred space. We want participants to reflect on ways to create spaces that speak to their spiritual selves.

Course Description: We will have a presentation of some of the theoretical aspects of spiritual spaces including both local and international. Participants will have opportunities to share their own constructions/understandings of how sacred spaces support their spirituality.

Cost: None **Minimum Enrollment:** 6 **Maximum Enrollment:** 15

COURSE: **Before Otsego: The Old England District and Its All Star Cast, 1768 - 1783**

Date(s): Monday, September 30

Time: 10:00 am to noon

Location: Room 104, Morris Conference Center, SUNY

Facilitator: Leigh Eckmair

Course Objective: To introduce the origins of Western Otsego County from 1768, an overlooked and under reported subject, and the people who made it happen.

Course Description: Starting with the establishment of the Western Boundary of the colonies in New York, we will review the chain of actions predating the Revolution. This will include an introduction to the characters involved in this drama, their priorities as well as their interactions to try to achieve their goals: with maps and images.

Cost: None **Minimum Enrollment:** 10 **Maximum Enrollment:** 40

REGISTRATION REQUESTS DUE NO LATER THAN July 15, 2019

COURSE: **Pearl Harbor – After the Japanese Attack**

Date(s): Thursdays, October 3 and 10

Time: 1:00 to 3:00 pm

Location: Room 104, Morris Conference Center, SUNY

Facilitator: Darryl Zdenek

Course Objective: To assess the performance of both the American and the Japanese actions during the attack on the US fleet at Pearl Harbor and the paths that both sides took in the months following the strike.

Course Description: The attack on Pearl Harbor was actually the “opening bell” of an elaborate Japanese plan for dominance in the Pacific. After assessing the destruction of the attack we will discuss their unbroken string of victories over the western allied powers as Japan strove for world empire and economic independence that continued until their defeat at the Battle of Midway seven months later.

Cost: None **Minimum Enrollment:** 1 **Maximum Enrollment:** 40

COURSE: **Book Discussion: *How Democracies Die***

Date(s)/ Time: Tuesday, October 8 from 10:00 to 11:00 am
Tuesday, October 15 and 22 from 10:00 am to 12 noon

Location: Room 104, Morris Conference Center, SUNY

Facilitator: Marilyn Helterline

Course Objective: To read and discuss *How Democracies Die* by Steven Levitsky and Daniel Ziblatt and gain a better understanding of how democracies work and forces that can weaken democracies.

Course Description: In their well-reviewed 2018 book, *How Democracies Die*, Steven Levitsky and Daniel Ziblatt use their expertise to look at the current vulnerability of American democracy. The authors are Harvard government professors with extensive knowledge of Latin American and European democracies and the history of American democracy. They argue that democracies are protected not just by constitutions, but by norms or informal rules that govern political behavior. The threats to our democracy that are evident in the Trump era emerged with the weakening of these norms in the decades preceding the election of Donald Trump. The book adds clarity to our understanding of the current crisis in our democracy, puts this crisis in historical and cross cultural perspective, and tries to explain the origins of the crisis.

Cost: Cost of book, *How Democracies Die*, Levitsky and Ziblatt

Minimum Enrollment: 8 **Maximum Enrollment:** 25

REGISTRATION REQUESTS DUE NO LATER THAN July 15, 2019

COURSE: **Genealogy for Beginners**

Date(s): Wednesdays, October 9 and 16

Time: 1:00 to 3:00 pm

Location: Room 104, Morris Conference Center, SUNY

Facilitator: Eileen Multari

Course Objective: To teach people how to begin and continue their search to discover their family history.

Course Description: Have you ever wanted to research your roots and create a family tree? This two-session course is designed to show you how to begin your search and create an online family tree using ancestry.com (you may use another site's tree-making abilities if you wish). We go over how to use online sources (census records, city directories, military records, passenger arrival lists, naturalization records, newspaper clippings, obituaries, birth, marriage and death records) and learn how and where to apply for print sources from local, state, and other government sources to gain information about your ancestors. DNA testing will also be discussed and how to use it in your research. We also discuss how to break through brick walls when you think you have come to a dead end in your research.

Cost: None **Minimum Enrollment:** 10 **Maximum Enrollment:** 30

COURSE: **Oneonta Studio Photographers, 1850 - 1930**

Date(s): Thursday, October 10

Time: 10:00 to 11:30 am

Location: Room 104, Morris Conference Center, SUNY

Facilitator: Wayne Wright

Course Objective: Learn about Oneonta photographers and their work from the beginning in 1850 to 1930. Receive an exposure to early photographic forms, photographer's techniques, and Oneonta local history through photographers' scenic views.

Course Description: This class will cover the history of photography in Oneonta from the first known photographer in 1850 up to 1930. The work of 8-10 of the more prominent studio photographers will be shown in a PowerPoint presentation. Through examples of their photos, participants will get a basic understanding of early photographic forms and techniques. A sense of Oneonta's past will be gained from the photographers scenic views.

Cost: None **Minimum Enrollment:** 5 **Maximum Enrollment:** 40

REGISTRATION REQUESTS DUE NO LATER THAN July 15, 2019

COURSE: **Cyber Warfare**

Date(s): Monday, October 14, 21 and 28

Time: 1:00 to 2:45 pm

Location: Room 104, Morris Conference Center, SUNY

Facilitator: Harry Pence

Course Objective: This course will discuss the development of cyber warfare in the 21st century, including the special vulnerabilities that it creates when the target is the general population instead of organized armies.

Course Description: Warfare constantly evolves, and the battles of today are being fought on computers, artificial satellites, networks, and the online control systems that maintain the water, light and power of civilian populations. Social networks have become tools of disinformation that target public opinion instead of armies or navies. These are not the battles of tomorrow; this is increasingly the way wars are being fought today.

Cost: None **Minimum Enrollment:** 10 **Maximum Enrollment:** 38

COURSE: **Carol Burnett: Her Life and Comedy (A Re-Run)**

Date(s): Thursday, October 17

Time: 10:00 am to noon

Location: Little Theater, Alumni Hall, SUNY

Facilitator: Marjorie Pietraface

Course Objective: People will gain more understanding and appreciation for the comedienne, Carol Burnett. They will understand how her work influenced the world of comedy.

Course Description: This is a “re-run” of a course offered last year but which many people could not attend because of the weather. Most of those who grew up during the 60’s and 70’s remember watching “The Carol Burnett Show.” Many watched the variety of skits on her show and were brought to tears with laughter. Her work with Tim Conway, Harvey Korman and Vicki Lawrence was legendary. Carol Burnett is a one of a kind comedienne that participants should further appreciate after attending this course.

Cost: None **Minimum Enrollment:** 30 **Maximum Enrollment:** 75

REGISTRATION REQUESTS DUE NO LATER THAN July 15, 2019

COURSE: **Slovenijology: What Is It About Slovenia?**

Date(s): Friday, October 18

Time: 10:00 am to noon

Location: Little Theater, Alumni Hall, SUNY

Facilitator: Stanley Sessions

Course Objective: To become acquainted with the young country of Slovenia from the perspective of an old American scientist who has made it my “second home,” both professionally and personally. We will cover a little of the past, present and possible future of this part of the world, and the importance and attraction not only biologically (the caves!) and politically, but also personally, as an important and enjoyable place for Americans to explore. Learn why some consider it to be the “best country in the world!”

Course Description: Slovenia was one of the first countries to break away from the former Yugoslavia in 1991, and thus is a relatively young country. It is also a tiny country, about the size of Delaware, literally squeezed between northern Italy to the west, Austria to the north, Hungary to the east, and Croatia to the south. We are going to learn about this astonishing little country (as well as some neighboring countries) from the perspective of a salamander biologist who is also interested in politics and culture. Come on, let’s go!

Cost: Optional: Charney, N., 2017 *Slovenology*

Minimum Enrollment: 5 **Maximum Enrollment:** 40

COURSE: **5 Proven Ways to Lock In Ongoing Lifetime Income**

Date(s): Saturday, October 19

Time: 2:00 to 4:00 pm

Location: Room 104, Morris Conference Center, SUNY

Facilitator: James Farnham

Course Objective: Explore five different ways to add continuing lifetime income in retirement..

Course Description: Three things that people worry about as they grow older are: 1) Inflation – Will you continue to be able to afford and support your lifestyle; 2) Market volatility – If you needed to withdraw income from your assets during a prolonged market downturn, you could easily run out of money before you run out of life; and 3) Longevity – With improvements in lifestyle and advances in medical care, you have a greater chance of living many years after retirement. What if 100% of these concerns could be eliminated? What if you could find ways to protect your principal, lock in market gains and receive lifetime income payments, even if the value of your assets declines? Learn how to plan for 20 to 30 years of retirement income and understand the importance of creating a plan for income that can’t be outlived. Register for this class and find out how to do all of this!

Cost: None **Minimum Enrollment:** 5 **Maximum Enrollment:** 40

REGISTRATION REQUESTS DUE NO LATER THAN July 15, 2019

COURSE: **Women of the American Committee for Devastated France: 1916 - 1924**

Date(s)/ Time: Monday, October 21, from 10:00 am to noon
Monday, October 28, from 10:00 to 11:00 am

Location: Room 104, Morris Conference Center, SUNY

Facilitator: Gail Baden

Course Objective: To acquaint CCAL members with the American Committee for Devastated France.

Course Description: France 1916: Two years into World War I and months before American men began to fight, a company of brave women fought to help the refugees whose ruined lives and homes lay along the Western Front. Through photos, film and personal writings, this class will acquaint participants with the courageous women who entered the world of men and war to help bring hope to the hopeless.

Cost: None **Minimum Enrollment:** 10 **Maximum Enrollment:** 40

COURSE: **Practical Ideas on How to Organize Your Affairs Prior to the Inevitable**

Date(s): Wednesday, October 23 and 30

Time: 10:00 to 11:30 am

Location: Room 104, Morris Conference Center, SUNY

Facilitator: Judith A. Pachter

Course Objective:

1. To provide participants peace of mind prior to your passing.
2. To make sure that your wishes are clear upon your passing.
3. To get organized to help your family or spouse know how to carry out your wishes.

Course Description: We will discuss how to organize your paperwork so that you and your family will not feel overwhelmed upon your death or the death of your spouse. We will talk about making your wishes clear in order to avoid squabbles among your heirs and also give you practical ideas so that you are not spending money on needless professional fees.

Cost: None **Minimum Enrollment:** 6 **Maximum Enrollment:** 40

REGISTRATION REQUESTS DUE NO LATER THAN July 15, 2019

COURSE: ***The Sting – Pure Entertainment***

Date(s): Wednesday, October 23

Time: 1:00 to 4:00 pm

Location: Little Theater, Alumni Hall, SUNY

Facilitator: John Chamard

Course Objective: To recognize and appreciate the use of early film techniques and devices to enhance the atmosphere and entertainment value of the film that is set during the Depression of the 1930s.

Course Description: The course will identify the film techniques of the 1930s and examine how they are used to add to the entertainment value of the 1973 Oscar winner for Best Picture. *The Sting* won seven of its ten Oscar nominations, including Best Director. The pairing of Paul Newman and Robert Redford again after their successful 1969 film *Butch Cassidy and the Sundance Kid* was perfection. As a reviewer said, “Without them, it still could have been a fun film, but with them, well, genuine gold.”

Cost: None **Minimum Enrollment:** 10 **Maximum Enrollment:** 75

COURSE: ***The Importance of Being Oscar – The Life, Times and Persecution of Oscar Wilde***

Date(s): Thursday, October 24 and 31

Time: 10:00 am to noon

Location: Room 104, Morris Conference Center, SUNY

Facilitator: Tom Heitz

Course Objective: This course will survey the life, literary and cultural contributions of Oscar Wilde, Irish-born author, essayist, poet, playwright and cultural icon of the late 19th century. Special attention will be paid to Wilde’s tour of America in 1882 and his time in Cooperstown in early August of that year. Wilde’s homosexuality, for which he was eventually prosecuted and imprisoned, made Wilde a martyr, later to be celebrated in the mid-20th century with the emergence of Gay, Lesbian and transgender human rights. Wilde’s best-known stage play, *The Importance of Being Earnest*, a satirical send-up of 19th century upper-class British sexual hypocrisy, also provoked Wilde’s persecution and led to a tragic death behind bars.

Course Description: Wilde’s life story will be summarized in timeline fashion before delving into the best of his essays, poems and the play *The Importance of Being Earnest*. Portions of that play will be analyzed for their half-hidden references to homosexuality as the two male leads pursue upper class women to marry as a path to legitimizing their upper class heterosexual social rank and societal expectations. News reports of Wilde’s August 1882 appearance in Cooperstown for a lecture at Browne Hall on “The Decorative Arts” will be shared.

Cost: None **Minimum Enrollment:** 25 **Maximum Enrollment:** 40

REGISTRATION REQUESTS DUE NO LATER THAN July 15, 2019

COURSE: **The Balkans in Photos**

Date(s): Tuesday, October 29

Time: 10:00 am to noon

Location: Craven Lounge, Morris Conference Center, SUNY

Facilitator: Claire Kepner

Course Objective: To show pictures of the Balkans – Croatia, Bosnia, Montenegro, Slovenia.

Course Description: I'll show pictures of my trip to the Balkans with the hope that I can impart a bit more understanding to others of the landscape, people and history of a region that has had its hardships and beauty.

Cost: None **Minimum Enrollment:** 20 **Maximum Enrollment:** 75

COURSE: **Gifts to Give/ Gifts to Keep and UFOs**

Date(s): Fridays, November 1, 8, 15, 22 and December 6, 13

Time: 10:00 am to 2:00 pm

Location: Little Red School House Community Center, Laurens

Facilitator: Flo Loomis and Jean Kohler

Course Objective: 1. To help participants complete previously started projects (UFOs)
2. Introduce some new projects that can be given as gifts or made for themselves.
3. Reintroduce some favorite “old” projects.

Course Description: Participants are expected to bring their own sewing machine, basic sewing tools and fabrics; knowledge of sewing machine use is required.

Cost: \$1.00 per person per session to use the room.

Minimum Enrollment: 2 **Maximum Enrollment:** 14

REGISTRATION REQUESTS DUE NO LATER THAN July 15, 2019

COURSE: **Emily Dickinson and “The Issue of Belief”**

Date(s): Tuesday, November 5, 12, and 19

Time: 1:00 to 3:00 pm

Location: Room 104, Morris Conference Center, SUNY

Facilitator: Jim Johnson

Course Objective: To discuss the contemporary relevance of Emily Dickinson poems.

Course Description: We will discuss Emily Dickinson’s struggle with God, suffering, death and immortality as it can be charted through her poems and letters, and in the context of the cultural, social and theological issues of the day. They are subjects, as she wrote several years before she died, “of which we know nothing . . . in which . . . we both believe and disbelieve a hundred times an hour, which keeps believing nimble.”

Cost: None **Minimum Enrollment:** 10 **Maximum Enrollment:** 25

COURSE: **Music in Time of War**

Date(s): Wednesday, November 6

Time: 10:00 am to noon

Location: Room 104, Morris Conference Center, SUNY

Facilitator: Spike Paranya

Course Objective: 1. To appreciate classical and light classical music with war as a theme.
2. To appreciate the relationship between war and music.
3. To learn the background of the music to be heard.

Course Description: War and music have always had an association. Music was used to inspire and urge on armies in old times. Along with that use of classical music, operas, oratorios and symphonic music often had a military connection. Listen to this music and enjoy some that is familiar, some that is exciting, and some that is moving. Most pieces will have an interesting background to tell!

Cost: None **Minimum Enrollment:** 5 **Maximum Enrollment:** 30

REGISTRATION REQUESTS DUE NO LATER THAN July 15, 2019

COURSE: **Christmas Recycled**

Date(s): Thursday, November 7

Time: 1:00 to 3:00 pm

Location: 1st United Presbyterian (Red Door) Church, 2 Walling Ave., Oneonta

Facilitator: Frances Bliven

Course Objective: 1. To be a good steward of the earth.
2. To engage in a creative, fun and productive activity.

Course Description: STOP! Don't throw away last year's Christmas cards or paper. You will need them to make your new ornaments for Christmas 2019. Come "rev" up your creative juices and help save the planet. A list of needed supplies will be provided prior to class meeting time.

Cost: None. A list of needed supplies will be provided prior to class meeting time.

Minimum Enrollment: 5 **Maximum Enrollment:** 20

COURSE: **Tour of the Canadian Maritimes, eh?**

Date(s): Monday, November 11

Time: 10:00 am to noon

Location: Craven Lounge, Morris Conference Center, SUNY

Facilitator: Marjorie Smith

Course Objective: To share my 2018 trip to Nova Scotia, Prince Edward Island and St. John's, New Brunswick.

Course Description: The landscape of these provinces is varied and very interesting, as is the history. I will share my photos and what I have learned of the Mi'kmaq, the Scottish and Acadian settlers, and the battles for control of the region. We will visit Cavendish and the house that inspired Anne of Green Gables on Prince Edward Island, and the Alexander Graham Bell museum in Beddeck, Cape Breton Island, as well as the reversing river in St. Johns, where the tides of the Bay of Fundy are up to 29 feet. It was a wonderful trip and I hope you'll join me.

Cost: None **Minimum Enrollment:** 10 **Maximum Enrollment:** 75

This page intentionally left blank.

Facilitator Biographies

Baden, Gail is a graduate of SUNY Oneonta. An accidental “her-storyian”, personal and family connections introduced her to the American Committee for Devastated France which she has been researching for ten years.

Bliven, Frances retired from SUNY Oneonta many years ago. Once a teacher, always a teacher. Fran enjoys dabbling in a variety of activities and sharing projects with her friends.

Bonebrake, Dr. Gary has Master’s degrees from Denver Seminary and SUNY at Buffalo. His doctorate is from Covenant Theological Seminary. He is retired from the ministry after 45 years. He taught at the German Bible Institute in Koenigsfeld, German.

Chamard, John is a retired teacher from Oneonta High School where he served as Chairperson of the English Department and ran the drama program. He taught electives in film and modern drama. He has a B.A. from Boston University and an M.A. from Columbia University.

Downing, Elaine has been painting and dying silk scarves since taking a class at UCCCA in 2010. She also marbles paper and makes books. In a former life, she was a librarian at SUNY Oneonta’s Milne Library.

Eckmair, Leigh C NYS Registered Historian, Leigh writes and lectures on various aspects of cultural history of south central NY and its connection with the rest of the world. She has made presentations at numerous NYS History Conferences, to high school and university classes and public organizations. Her writing has been published in local and regional publications including Kaatskill Life Magazine, history journals, newspapers, newsletters, and websites including “Mohawk Valley Region Path Through History” and Gilbertsville.com. A founding member of the U.S.C.T. Institute at Hartwick College, she has been interviewed on local history subjects by W.S.K.G. and W.U.T.R., most recently for “Living History, Otsego County” in 2017.

Farnham, James has an MBA and MS, and has traveled widely as a professional speaker and author. He has 30 years of experience in insurance and financial services. He works with pre-retirees and seniors, specifically in the areas of retirement plan rollovers, lifetime income in retirement, final expense coverage, and Medicare. He also works with individuals and businesses on 401(k) and retirement plans, and income distribution strategies during retirement.

Ferguson, Shirley has lived in Delaware County for 16 years and loves it! Her careers include teaching, selling make-up door-to-door, having a day care facility in her home, operating heavy equipment, and finishing up with spending 20 years as a sales rep for Xerox. She loves traveling, particularly when she can combine it with volunteering. She loves CCAL – both partaking of the wide range of classes available, as well as giving classes herself to the always receptive and enthusiastic audience.

Fielder, Dorothy Scott had a brief career teaching biology and a much longer one (25 years) in the U. S. Postal Service. She retired in 2003 after 22 years as Schenevus Postmaster. Her many interests include stamp collecting, environmental activism, local history, photography and travel.

Fielder, Douglas retired after teaching for 31 years at SUNY Oneonta. Since retiring, he has pursued other interests such as travel, photography, and volunteering for local groups. He was diagnosed with Parkinson’s disease in 2011 which now curtails his activities, but he keeps as active as possible.

Gourlay, Patricia is an Emeritus Professor of English, who taught at SUNY College at Oneonta for forty years. She received the Chancellor's Award for excellence in teaching. She has also taught at Temple University and Hunter College. She is a graduate of Wellesley College, with an M.A. from Stanford University and a Ph.D. in Comparative Literature from Columbia. She has been offering courses for CCAL since 2004, and has not lost her enthusiasm for these classes and these students.

Harman, Bill is a graduate of SUNY College of Forestry, Syracuse, NY. He received his Ph.D. in Limnology at Cornell and also studied Invertebrate Zoology at the Marine Biological Laboratory, Woods Hole, MA. He has been a Professor of Biology at SUNY Oneonta since 1968 and currently is Director of the SUNY Biological Field Station at Otsego Lake, Cooperstown. He is a Distinguished service Professor and author of many publications on Marine Biology. In the fall of 2007, he filled the College's first endowed chair, The Rufus J. Thayer Chair for Otsego Lake Research. He is the driving force behind the Biology Department's new MSW Lake Management Degree – the first in the U.S.

Hartley, Charles grew up near Portland, Oregon. He received a Bachelor's degree in Physics from Portland State University and a Ph.D. in Physics from the University of Colorado. For thirty years he taught physics, astronomy, and the occasional beginning computer-programming course at Hartwick College, retiring in 2006. He first became interested in Zen Buddhism a half-century ago at about the same time he became interested in the writings of Mark Twain. Over the past few years he's tried to learn a little about cognitive science and artificial intelligence.

Heitz, Tom first encountered "cultural binaries" as an undergraduate Humanities and Philosophy major at the University of Kansas (1958-1962) as a student of Dr. Peter Caws, a British-trained academic. Sharon Stuart, Tom's co-facilitator, is a bi-gender/transgender person known for work as a lawyer with the Transgender Law Conference in the early 1990s and for contributions as the lead drafter of the International Bill of Transgender Rights (IBGR), the seminal statement of Human Rights for transgender people. Several years ago Tom discovered accounts of Oscar Wilde's appearance in Cooperstown in August of 1882, a spark that triggered further inquiry into Wilde's life story, literary achievements, and cultural significance in today's world. In August of 2018, Tom and Sharon Stuart appeared as the Butler's Maid in the Glimmerglobe Theatre production of Wilde's play, "The Importance of Being Earnest." Also, as history columnist for The Freeman's Journal and Home Town Oneonta newspapers, he has collected hundreds of advertising graphics from local newspapers dating back to 1790 in both print and digital format. Portions of Tom's collection were featured as part of an exhibition on Oneonta's commercial advertising this past February and March on display at The Greater Oneonta Historical Society (GOHS) where Tom has worked as Shop Manager on Saturdays since 2007.

Helstrom, Bruce M.Div., BCC, is a chaplain with Catskill Area Hospice and Palliative Care. He is Board Certified through the Association of Professional Chaplains.

Helterline, Marilyn is a retired professor of sociology. She taught at SUNY Oneonta for 36 years and holds a Ph.D. in sociology from the University of Notre Dame.

Johnson, Jim received his MA in English Literature from the University of Iowa in 1966 with a concentration in 19th century American literature and philosophy. Since that time he has continued his interest in Emily Dickinson – reading, teaching, and carrying out many hours of study and research at the Homestead in Amherst, Massachusetts, where Dickinson was born, lived, and died. He has written/co-written three books on the American Shakers, a book called Colonial: Design in the New World, published by Stuart Tabori and Chang, and a book on the formation of a small farming community in Minnesota. For 30 years prior to his retirement, he owned and managed an advertising agency in Great Barrington, MA.

Kepner, Claire has traveled extensively and enjoys showing the pictures she has taken.

Kohler, Jean is a math teacher retired from the Bainbridge school system and is a member of the Susquehanna Valley Quilters.

Livingston, Sarah is the Adult Services Librarian at Huntington Memorial Library. During her 15 years at Huntington, she has assisted many local history and family history researchers in using the resources in the NY State room. She also teaches genealogy and computer classes as well as coordinates other programs for adults at the library.

Loomis, Flo has been sewing most of her life. She started as a garment sewer and added quilting in the late 1990s. She is now president of her quilting guild, Susquehanna Valley Quilters. Flo has entered numerous shows and always has something in the works. She enjoys the challenge of figuring out a pattern or drafting her own. Flo has gotten a group of guild members to come together every Monday and sew for themselves or work on charity "Comfort" projects, teaching each other new skills and techniques.

Mahlke, Ernest and Heide: Ernie Mahlke taught for the SUNY Oneonta Department of Art for 32 years. He is interested in many things, particularly sculpture, hiking, travel and railroads. Ernie and Heide are frequent hikers to such diverse places as the Catskills, the Adirondacks and the White Mountains of New Hampshire as well as other local places. They are enthusiastic and frequent travelers, having visited 37 different countries so far. They have visited England and Germany repeatedly, combining family visits with sightseeing, hiking and biking.

Mills, Jim and McKay, Zanna have both explored the subject of sacred space and spiritual landscapes in their personal and professional lives.

Multari, Eileen is a retired Business Education teacher. She taught at Mamaroneck High School in Westchester County for 32 years and advised an award-winning chapter of the Future Business Leaders of America, having many students compete and win at the state and national levels. She retired in 2010 and moved full-time to Treadwell, New York, where she began researching her family roots. She has become an avid gardener and "amateur genealogist".

Noble, Leslie is a professional actor, director, and teacher, with over 25 years of experience in theater, higher education and arts administration. In the early 1990's she co-founded clown theater company Gams on the Lam, which toured internationally for 10 years. From 2001-2017 she worked as an administrator for Syracuse University Department of Drama, where she continues to teach clown technique. As an actor and director, Leslie has worked for Syracuse Stage, Geva Theater, Le Moyne College, SU Drama, The Redhouse Arts Center, and Franklin Stage Company.

O'Shea, Carl is a lifelong gardener who has specialized in daylilies for 30 years. He has hybridized for a number of years and has registered 5 varieties. He is a life member of the American Hemerocallis (Daylily) Society.

Pachter, Judith was in the financial services industry for 30 years prior to her semi-retirement 2 years ago. She has also been a Hospice volunteer and has served on the board of United Hospice of Rockland for 20 years. She has spent many hours assisting recent widows and widowers with the tasks that need to be handled upon the loss of their loved one after her own experience of the death of her husband in 1995. As a former registered nurse, she knows full well that life has a way of throwing curve balls and that there is only one thing that is certain and that is death. She believes that being prepared for the inevitable is vital to peace of mind.

Palm, Daniel is a Ph.D. and retired as Regional Director, New York State Department of Environmental Conservation. He is an avid traveler, having visited 60 countries and all 7 continents. He enjoys sharing his

photos and experiences with those willing to watch and listen. He believes CCAL is an excellent platform to facilitate this sharing.

Paranya, Spike is a retired educator having spent 5 years teaching biology and earth science at suburban and inner city schools and 4 years teaching elementary school science methods at the University of Massachusetts where he received his Ed.D. He then spent 26 years as an elementary school principal, 21 of which were in the Sidney, NY school district. He has always enjoyed classical music and the interesting facts relating to this music.

Rothwell, Delores was diagnosed with Essential Tremor and is a member of a family that has been afflicted with the condition for at least four generations. She is a dedicated promoter of ET awareness. She led an ET support group in Leesburg, Virginia, her former home, and has been a member of the International Essential Tremor Foundation since 2007. Two years ago, she moved to Oneonta from Lansdowne, Virginia, to be close to her daughter. She now enjoys walking downtown and visiting friends from her home on Dietz Street; attending CCAL courses, concerts, and art shows in and around town; plus volunteering at the History Center, CANO, and the Foothills Performing Arts Center keeps her occupied. She recently fulfilled the last trip on her bucket list by going to Uganda to see gorillas in the wild and wants to share her adventures with you.

Sanborn, Edwin taught high school History and English for 25 years, plus eight years teaching continued adult learning in Sacramento, CA (Renaissance Society). He is interested in a wide variety of subjects and has taught classes about the Northern Renaissance, Revolutions 1600-2000, The Middle Ages 400-1200 AD, and The Chinese Revolution 1900-2000 to name a few. He welcomes any suggestions for future classes.

Smith, Marjorie is presenting her third class for CCAL. Retired from teaching high school Spanish, and French at Hartwick College, she is enjoying the opportunities to travel a bit and to attend as many of CCAL's wonderful classes as possible.

Vargha, Marybeth is a Baha'i for more than 30 years. She has studied the Faith and visited members in many places of the world. She now works for the U.S. Baha'i National Center, Evanston, Illinois.

Wright, Wayne is a native of Oneonta, New York. For 40 years he worked for the New York State Historical Association in Cooperstown, New York, where he was the head librarian for its research library. He is currently the librarian for the Greater Oneonta Historical Society where he was recently the curator of a well-received exhibit "Oneonta Photographers, 1850 to 1930". His interest in Oneonta photographers began with his own family photographs which were used in a thesis on the subject of Oneonta photographers by a student in the Cooperstown Graduate Program.

Yeaman, Pat is a retired New York City school teacher. She spent almost 30 years working with developmentally disabled and special needs children. Pat considers herself a passionate amateur photographer; some family members might say "obsessed" would be a more accurate description. She has been serious about making photos for over 50 years and has been using a digital camera exclusively for nearly the last 20. She says she has made almost every mistake possible while trying to create meaningful images and has also learned some things along the way. Pat is eager to share her experiences with other people who are also interested in improving their photographic skills.

Zdenek, Darryl is a retired manufacturing/distribution manager with a lifelong interest in history, especially the World War II era. After retiring from a 35 year career, he purchased his "hobby farm" in Roseboom. An avid reader of history, he became especially interested in the Pacific theater in WWII and loves to share his learning and views with like-interested people.

CENTER FOR CONTINUING ADULT LEARNING (CCAL)

31 Maple Street, PO Box 546, Oneonta, NY 13820

Office Hours: Tuesday, Wednesday, and Thursday, 12:30 to 4:30 pm

Phone: 607-441-7370 Fax: 607-436-9682 Email: ccaloneonta@stny.rr.com

HOW TO GIVE A CCAL COURSE

The Center for Continuing Adult Learning is dependent on people from all walks of life, including our own members, who are willing to share what they know, do and love, with others who want to learn. Some facilitators teach, some demonstrate skills, some organize programs with outside speakers, and some arrange and lead field trips. Some are active professionals, some are retired, but many are devoted amateurs.

Facilitators volunteer their time and are not paid. However, facilitators who are **NOT** members of CCAL may take TWO complimentary courses for each course they teach. Complimentary courses must be taken within one year of the date of the course taught. In accordance with college regulations, facilitators may not use a course to sell products or services. **This policy will also be in effect for courses held “off campus.”**

Facilitators have great freedom in organizing courses they want to give, considerable latitude as to when they wish to present them, and may specify minimum and maximum numbers of participants. A course may be scheduled as a single presentation or multiple presentations. Most classes are assigned classroom space at either Hartwick or SUNY at Oneonta colleges. Normally classes are held during daylight hours, Monday through Friday.

Course proposals are approved by our Curriculum Committee (many of whom are facilitators and participants themselves) quite far in advance. Deadlines have been established in order to allow ample time for creation and printing of the catalog by our office staff.

The **WINTER/SPRING** catalog includes courses given January through May. It is compiled the summer before and goes to press in September. Proposals for Winter/Spring are **due by July 15.**

The **SUMMER/FALL** catalog includes courses given June through December. It is compiled during the winter and goes to press mid-February. Proposals for Summer/Fall are **due by January 15.**

Please note: these deadlines create very tight schedules for preparing the catalog for printing – please submit proposals on time!

Are you interested?

- Look over a previous CCAL catalog to get an idea of courses offered and facilitators' backgrounds.
- Contact a member of the Curriculum Committee to discuss what you have in mind and obtain a course proposal form.
- Prepare a course proposal form, also available from the CCAL office and our website (*ccaloneonta.org*).
- When completing proposal, please be sure to include preferred dates and times as well as a brief facilitator biography.
- Return completed form by deadline to:

CCAL Curriculum Committee
PO Box 546
Oneonta, NY 13820

OR

ccaloneonta@stny.rr.com

This page intentionally left blank

CENTER FOR CONTINUING ADULT LEARNING (CCAL)

31 Maple Street, PO Box 546, Oneonta, NY 13820

Office Hours: Tuesday, Wednesday, and Thursday, 12:30 to 4:30 pm

Phone: 607-441-7370 Fax: 607-436-9682 Email: ccaloneonta@stny.rr.com

COURSE PROPOSAL WITH PREFERRED SCHEDULING INFORMATION

Check one: () Winter/Spring: January through May, 20__

() Summer/Fall: June through November, 20__

Name: _____ Today's date: _____

Address: _____ Phone #: (day) _____

City/Town and Zip code: _____ (eve) _____

Email address: _____

Title of Proposed Course: _____

Course Objectives (3 sentences or less): _____

Course Description (6 sentences or less) _____

Special room or equipment needed: _____

Please list any cost to students for supplies, books, etc. _____

Months, Days and Hours preferred (please list up to 3 choices)

(1) _____

(2) _____

(3) _____

Class size preferred: Minimum _____ Maximum _____

of Class Sessions _____ # of Hours per session _____

Limited photocopying is available to you. Requests must be submitted to the CCAL office AT LEAST 2 weeks PRIOR to the first class session.

How much time, prior to the first class, would you allow enrollment to reach the minimum number of students before canceling class? _____

FACILITATOR BIOGRAPHY: Please use the back of this sheet to write a brief (6 sentences maximum) biography as you would like it to appear in written releases.

Please return this form by _____ July 15 for Winter/Spring _____ January 15 for Summer/Fall

To _____ Curriculum Committee

Address _____

Town/Zip Code _____ Phone: _____

(Completed form may also be emailed or faxed to the CCAL Office)

This page intentionally left blank



Office Use Only:
_F _P _N _R CK # _____

MEMBERSHIP FORM for January 1 – December 31, 2019

Yes, I would like to join The Center and participate in the learning experiences offered. I understand that the membership fee is \$120 for the calendar year (January 1 through December 31, 2019).

Since CCAL is a non-profit organization, any donations over and above your membership would be gratefully appreciated. Donations would, of course, be tax deductible to the full extent allowed by Federal law.

NEW *If any part of your contact information has changed in the past year, please check this box* **NEW**

1. Enclosed is my membership check for \$ _____ and a donation to CCAL \$ _____
2. This membership is New Renewal
3. Specify how your mailings should be addressed: Mr. Mrs. Ms. Miss Dr. Rev. Other: _____
4. Name _____
5. Address _____
City/Town _____ State _____ ZipCode _____
Phone (____) _____ CELL (____) _____ Email _____
6. Alternate Seasonal Address (give dates) from ____/____/____ to ____/____/____
Alternate Address _____
City/Town _____ State _____ Zip code _____ Phone _____
7. What "call name" or "nick name" do you prefer? _____
8. May we use photos of you participating in CCAL classes/events on our website? yes no **NEW**
9. Are you retired? yes no
10. What was your former occupation? Please be specific. _____
11. Please indicate your interest in serving CCAL in any of the following areas:

<input type="checkbox"/> Board of Directors	<input type="checkbox"/> Curriculum Committee	<input type="checkbox"/> Member Events Committee
<input type="checkbox"/> Nominating Committee	<input type="checkbox"/> Public Relations Committee	<input type="checkbox"/> Finance and Administration Committee
12. Would you be interested in volunteering to teach a course for CCAL in the future? (A member of our Curriculum Committee will contact you for details.) What topic(s)?

13. Do you want to be on the list to receive notices of CCAL trips? yes no
14. When a current CCAL member recommends someone for CCAL membership and they join, the current member will receive a discount on membership dues for the following membership year.

New Members: tell us who referred you to CCAL: _____

MEMBERSHIP FEE IS DUE ONCE PER CALENDAR YEAR.
WE MUST HAVE THIS COMPLETED FORM + PAYMENT FOR 2019 CALENDAR YEAR BEFORE
WE CAN PLACE YOU IN ANY CLASSES.

Return this form with your check made payable to CCAL to:
The Center for Continuing Adult Learning (CCAL), PO Box 546, Oneonta, NY 13820

Questions? Contact our Office (607) 441-7370 or ccaloneonta@stny.rr.com
Office hours are Tuesdays, Wednesdays and Thursdays from 12:30 to 4:30 p.m. only
Scholarships to waive the membership fee are available. Call the Office for an application.

This page intentionally left blank

CCAL COURSE REQUEST FORM
Summer/Fall 2019

Name _____

Street Address _____

City/Town/State _____ Zip Code _____ Phone _____

Would you like to be notified of our course enrollment by **email**? (yes) _____ (no) _____

Email address _____

IMPORTANT TO KNOW: All Course Request Forms will be held until the deadline date. Then class lists are created based on priority numbers, NOT by when the form is received.

It is very important that you put your courses on the Course Request Form in your personal priority order:

- On the deadline date, all members who have signed up for courses will be placed on the class rosters according to priority number, NOT by when their form is received. When course maximum is reached, all remaining requests will go on a waiting list in the order of their priority number.
- Any requests received after the deadline date will be added to class roster/waiting list as class size permits, up to the beginning date of any course.

HELP NEEDED: please put a √ in the extreme right-hand column if you are willing to volunteer to be the Class Assistant (take attendance, distribute/collect evaluation forms, etc.) for a particular course.

<u>SUMMER COURSE REQUESTS</u> due April 15, 2019:	<u>DATE OF 1st CLASS:</u>	<u>Will you be CLASS ASST?</u>
1 st _____	_____	_____
2 nd _____	_____	_____
3 rd _____	_____	_____
4 th _____	_____	_____
5 th _____	_____	_____
6 th _____	_____	_____

<u>FALL COURSE REQUESTS</u> due July 15, 2019:		
1 st _____	_____	_____
2 nd _____	_____	_____
3 rd _____	_____	_____
4 th _____	_____	_____
5 th _____	_____	_____
6 th _____	_____	_____

We are unable to accept Registrations by telephone. Please submit this completed form by

- **Mail:** CCAL, **PO Box 546**, Oneonta, NY 13820 **or**
- **Email:** ccaloneonta@stny.rr.com **or**
- **In-person:** 31 Maple St., Oneonta, NY (Tuesday, Wed., Thursday 12:30-4:30)

Before your name can be placed on class rosters, we must have:

1. A completed 2019 Membership Form and 2. Payment for 2019 calendar year