



The CCAL office is located on the first floor of The Rowe House, 31 Maple Street, Oneonta

Office Hours: Tuesdays, Wednesdays and Thursdays, 12:30 to 4:30 p.m.

Email: ccaloneonta@stny.rr.com

FAX: (607) 436-9682

Our Website:

<http://ccaloneonta.org>

Mailing address:

CCAL
PO Box 546
Oneonta, NY 13820

Phone: (607) 441-7370

THE ORGANIZATION

The Center for Continuing Adult Learning, Inc. (CCAL) is a membership organization sponsored by Hartwick College and the State University of New York at Oneonta. CCAL is one of close to 300 Institutes for Learning in Retirement across the United States, all members of the Elderhostel Institute Network. All of our facilitators are volunteers as are the Board members and Committee members who are responsible for the operation of the organization. It takes many people, giving freely of their time, to execute the work necessary to have a well-run organization. If you have an interest in serving in one of the following areas, please get in touch with one of the officers of the Board or a Committee Chairperson.

2017 BOARD OF DIRECTORS

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Vice President: Bob Parmerter (607.638.9343)
Secretary: Lilly Mathisen (607.746.7665)
Treasurer: Olive Crews (803.348.9787)
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SUNY Oneonta: Michelle Thibault

OFFICE STAFF (607.441.7370)

Debra Crampton, Manager
Sallyann Lamanna, Assistant

Welcome to stress-free learning - no tests, no pressure!

As an affiliate of the Elderhostel Institute Network, CCAL has been offering courses to the community since January 1994 and is sponsored by Hartwick College and SUNY Oneonta.

CATALOG:

We have two catalogs each year: the Winter/Spring catalog published in October and the Summer/Fall catalog published in March. Our Curriculum Committee has endeavored, successfully, to strike a balance between the humanities, the arts, sciences and social sciences, and also include activities both indoors and out-of-doors.

MEMBERSHIP:

The membership fee for each **calendar year (January 1 to December 31)** is \$120 and you can join at any time.

Please note that your membership must be paid in full before your name can be placed on a class roster. We also have a partial membership: for \$60 you may take a maximum of four (4) courses during the calendar year. If, as the year progresses, you wish to take more classes, then you will need to pay the additional \$60 for a full membership. A membership enrollment form is in this catalog as well as on our website.

SCHOLARSHIPS:

Scholarship funds to waive the membership fee are available for full or partial CCAL memberships. To apply, call the Office (607-441-7370) and request a Scholarship Application form. Complete the form and return it to CCAL Board of Directors, PO Box 546, Oneonta, NY 13820. The requests are acted upon at the next Board Meeting and you will be notified immediately.

COURSE REQUEST INFORMATION:

All Course Requests must be made by mail, FAX, email, or in person in the Office. We cannot take Course Requests over the telephone.

All Course Request Forms will be held until the deadline dates: November 15 for Winter courses, January 15 for Spring courses, April 15 for Summer courses and July 15 for Fall courses, unless otherwise indicated. *When the deadline date is reached, then the class lists are created based on priority numbers, NOT by when the form is received.*

It is very important that you put your courses on the Course Request Form in your personal priority order:

- On the deadline date, all members who have signed up for courses will be placed on the class rosters according to priority number, NOT by when their form is received. When course maximum is reached, all remaining requests will go on a waiting list in the order of their priority number.
- Any requests received after the deadline date will be placed on the class roster/waiting list as class size permits, up to the beginning date of any course.
- We make every attempt possible to notify members of their course enrollment within two weeks of the deadline date for each session.

CHANGES:

On occasion there are changes in the scheduling of our courses after the catalog has been printed. Participants will also be notified if courses are cancelled for unforeseen reasons.

Within 2 weeks prior to the first meeting date for each course, you will receive by email (or U.S. Mail if you don't have email capability) a list of the class participants. This list serves as a course reminder and includes information for possible car-pooling, indicates whether you have responded to your course enrollment letter and also reflects any changes to the date, time or location of where the course will be held. Please review class lists for these changes.

If the Oneonta School District is closed due to weather, the CCAL Office will also be closed and any courses scheduled for that day will be cancelled.

UPCOMING EVENTS

(Dates and times may be subject to change.)

Sunday, December 10, 2017

Holiday Open House
2:00 – 4:00 pm
Rowe House, 31 Maple St., Oneonta

Sunday, March 18, 2018

Spring Meeting
1:00 – 4:00 pm
Morris Conference Center, SUNY Oneonta

May, 2018

Facilitators' Luncheon
Details TBA

Sunday, October 21, 2018

Annual Meeting
1:00 – 4:00 pm
Morris Conference Center, SUNY Oneonta

CCAL TRIPS

Jean Seroka has graciously agreed to take over as CCAL Trip Coordinator. Her contact information is: jjwilser3@yahoo.com or 607.988.7007. If you would like to be added or removed from the trip mailing list for receiving information about CCAL trips, please contact Jean by email or phone.

I am planning a trip for **Saturday, December 9, 2017** to *Dickens' Christmas in Skaneateles*. When all details have been finalized, information will be sent to everyone on my Trips list.

Event information found at <http://www.skaneateles.com/visit/dickens>: *Charles Dickens and his cast of over 50 characters will interact with residents and visitors in the streets, stores and restaurants. Dancers, carolers, live music and special events flow in and around the weekend celebrations, making for wonderful family memories. A live brass band plays every Saturday on the village streets; a bagpiper or two may be found entertaining on Sundays; and local musical groups share their many talents in that heartwarming Dickens' spirit. Beware of mean old Scrooge roaming the streets.....but, he may have a nice surprise for you. Don't miss lively acts at the Library, live music, unique shopping, wonderful food and horse and wagon rides around the Village.*

Two upcoming events for 2018:

- Trip to SPAC for the NYC ballet on a Thursday afternoon in July.
- Trip to an opera at Glimmerglass Festival on an afternoon in July.

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REGISTRATION REQUESTS DUE NO LATER THAN NOVEMBER 15, 2017

COURSE: Indoor Recreation Course

You must have a SUNY Oneonta Guest Pass to engage in these activities. Pass will be sent to members at no cost upon registration for this class. *****PLEASE NOTE CHANGES IN SCHEDULE*****

SWIMMING: Pool is located in the Chase Physical Education Building and is **open only when SUNY classes are in session from September 1, 2017 through May 2, 2018** as follows:

Monday – Friday 12 noon to 2:00 pm
 8:00 pm to 10:00 pm
Saturday & Sunday 2:00 pm to 5:00 pm

Other activities available with Guest Pass from September 1, 2017 through August 31, 2018 as follows:

WALKING: Track located in the Field House, available anytime the building is open

TENNIS: Outdoor courts only, available anytime

RACQUET BALL: Courts located on lower level in the Chase Physical Education Bldg.
Available Mondays, Wednesdays, Fridays, 12 noon to 1:00 pm

COURSE: Google Accounts – Hanging Out in the Cloud

Date(s): Monday, January 8

Time: 1:00 to 3:00 pm

Location: Computer Lab, Milne Library, SUNY

Facilitator: Sue Smith

Course Objective: This course is designed to familiarize participants with having a Google account.

Course Description: This is a hands on class in which you will learn to:
 1. Set up a Google account, if you don't already have one.
 2. Use the free software and storage provided by Google.

Cost: None

Minimum Enrollment: 6 **Maximum Enrollment:** 12

REGISTRATION REQUESTS DUE NO LATER THAN NOVEMBER 15, 2017

COURSE: **Google Slides**

Date(s): Wednesday, January 10

Time: 1:00 to 3:00 pm

Location: Computer Lab, Milne Library, SUNY

Facilitator: Sue Smith

Course Objective: This course will teach participants how to do simple presentations using Google slides. This is a simple and free alternative to the expensive and complicated Microsoft PowerPoint software.

Course Description: Create the beginning of your own presentation that you will hopefully do someday for CCAL using free software provided by your Google account. This class is a follow-up to the Google Accounts class. I recommend that you take both classes if you want to learn how to create presentations but do not have a Google account.

Cost: None

Minimum Enrollment: 6 **Maximum Enrollment:** 12

COURSE: **Ogasawara Islands, Japan: Early Settlement, WWII and Today**

Date(s): Friday, January 12

Time: 10:00 am to 12 noon

Location: Room 104, Morris Conference Center, SUNY

Facilitator: Kiyoko Yokota

Course Objective: This course provides an overview of the unique ecosystems on the Ogasawara Islands and how they have been formed and altered over the years through human settlement. Participants will learn about human activities on the islands, including whaling, WWII, the subsequent U.S. occupation and return to Japan, and more recent tourism-oriented development and the current initiatives to conserve the natural heritage of the islands.

Course Description: Ogasawara Islands, Japan, are located approximately 100 miles north of Iwo Jima in the Pacific Ocean. Their unique oceanic ecosystem has been altered by human settlement, development and WWII. A group of SUNY Oneonta students and faculty visited the islands, and their experience will be shared in this CCAL course.

Cost: None

Minimum Enrollment: 5 **Maximum Enrollment:** 40

REGISTRATION REQUESTS DUE NO LATER THAN NOVEMBER 15, 2017

COURSE: **School Days in the Kingdom of Bhutan**

Date(s): Tuesday, January 16

Time: 10:00 am to 12 noon

Location: Room 104, Morris Conference Center, SUNY

Facilitator: Celia Reed

Course Objective: To:

1. Enjoy an introduction to the Himalayan nation of Bhutan through photos, videos and personal stories.
2. Learn how a country goes about incorporating children with disabilities and their families into its schools.
3. Explore how the thread of Gross National Happiness weaves its way throughout society, including schools.

Course Description: Take a peek at the remarkable country of Bhutan and its people. The facilitator will introduce the Kingdom of Bhutan based on 2013-14 work supporting pilot programs in special education. Woven throughout are the concepts of Gross National Happiness and Buddhism, and the embrace of a warm and passionate people. Photos and videos of real life in the capital, Thimphu and Mongar provinces, monasteries and schools are our window into modern day Shangri-La.

Cost: None

Minimum Enrollment: 5 **Maximum Enrollment:** 40

COURSE: **The Battle of Leyte Gulf and the End of the Imperial Japanese Navy**

Date(s): Thursdays, January 18, 25

Time: 10:00 am to 12 noon

Location: Room 104, Morris Conference Center, SUNY

Facilitator: Darryl Zdenek

Course Objective: To study the Battle of Leyte Gulf, the greatest naval battle in history. Pitting two American fleets against three Japanese fleets, the battle consisted of a desperate Japanese gamble based on precise ship movements, huge mistakes on both sides, and immense bravery. The course will cover the entire three day and night battle from both the US and Japanese perspectives and address the controversy on Admiral "Bull" Halsey's actions that exists to this day.

Course Description: In October 1944, the United States invaded the Japanese-held Philippines. Without these strategic islands the Japanese Navy would be cut off from the oil she needed to operate. In an all-or-nothing attack, Japan sent virtually her entire navy to stop the American Third and Seventh Fleets. With victory almost within Japanese grasp, what followed was the greatest naval battle in history and the end of the Imperial Japanese Navy.

Cost: None

Minimum Enrollment: 1 **Maximum Enrollment:** 40

REGISTRATION REQUESTS DUE NO LATER THAN NOVEMBER 15, 2017

COURSE: **Oneonta Railroad History**
Date(s): Wednesday, January 24
Time: 1:00 to 3:00 pm
Location: Craven Lounge, Morris Conference Center, SUNY
Facilitator: Jim Loudon
Course Objective: To familiarize attendees with the vital role that railroads played in the development of Oneonta.
Course Description: Course could include one or both of: the railroads of the Upper Susquehanna (primarily the Delaware and Hudson and the Oneonta Roundhouse) and the Otsego Trolley Line.
Cost: None
Minimum Enrollment: 5 **Maximum Enrollment:** 50

COURSE: **Skin Cancer: Diagnosis and Treatment**
Date(s): Monday, January 29
Time: 11:00 am to 12 noon
Location: Room 104, Morris Conference Center, SUNY
Facilitator: Joseph Webster Stayman III, MD
Course Objective: Learn how to prevent, detect, and seek treatment for skin malignancy.
Course Description: Lecture format with picture handouts that students can keep for reference.
Cost: None
Minimum Enrollment: 5 **Maximum Enrollment:** 40

COURSE: **Exploring the Wondrous World of Kaleidoscopes**
Date(s): Fridays, February 2, 9, 16, 23
Time: 10:00 am to 2:00 pm
Location: Little Red School House Community Center, Laurens
Facilitator: Flo Loomis
Course Objective: To make a wall hanging of whatever size the participants choose.
Course Description: This is a sewing class and machines are highly recommended. At the first session, several techniques will be discussed as well as fabric selection. A group shopping trip may be arranged. Participants will select the method they wish to try. Help will be given during the classes. We will cover quilts made by Paul Nadelstern, Ricky Tims, Bethany Reynolds, Maxine Rosenthal, Linda Causee and perhaps others. Techniques range from rather simple to seemingly complex. Warning!!! Kaleidoscopes are addictive!
Cost: Request \$1 per person, per day, be donated to the LRSB for use of the building.
Minimum Enrollment: 4 **Maximum Enrollment:** 12

REGISTRATION REQUESTS DUE NO LATER THAN NOVEMBER 15, 2017

COURSE: Transgender and Gender Non-Conforming Variation

Date(s): Monday, February 5

Time: 10:00 am to 12 noon

Location: Room 104, Morris Conference Center, SUNY

Facilitator: Chris Wolf-Gould, MD

Course Objective: To:

1. Present information about the frequency and types of variation in the gender phenotype for homo-sapiens.
2. Discuss treatment options for dysphoria caused by gender incongruence.
3. Explore societal changes in attitudes toward gender variation.

Course Description: This will be a two hour course, with the first hour being used to present information about the variety of gender experiences in our culture. This will include binary and non-binary models of gender; survey results from our gender non-conforming population; and options for social/medical/legal transitions.

The second hour will be a discussion about participants' thoughts and experiences related to gender. We will explore ways to improve the experience for gender non-conforming individuals within our culture.

Cost: None

Minimum Enrollment: 4 **Maximum Enrollment:** 40

COURSE: Diaries of Delaware County

Date(s): Thursday, February 8

Time: 1:00 to 3:00 pm

Location: Room 104, Morris Conference Center, SUNY

Facilitator: Ray LaFever

Course Objective: To hear stories about the early days of Delaware County directly from those who experienced them.

Course Description: Delaware County Historical Association archivist Ray LaFever will share stories from some of the many diaries held by the DCHA. One of the earliest is that of Matthew Griffin, who lived in what is now Fleischmanns. In 1845, Griffin reported on the shooting of Undersheriff Osman Steele at the height of the Anti-Rent War. Ray also will share from several Civil War diaries and a recently acquired diary of a 13-year-old girl from Davenport.

Cost: None

Minimum Enrollment: 10 **Maximum Enrollment:** 40

REGISTRATION REQUESTS DUE NO LATER THAN NOVEMBER 15, 2017

COURSE: **“The Art of Manliness” in American Western Movies**

Date(s): Mondays, February 12, 26; March 5, 12
(note: this class will not meet on February 19)

Time: 1:00 to 3:30 pm

Location: The Plains at Parish Homestead, 163 Heritage Circle, Oneonta (Education Room, 3rd Flr)

Facilitator: Heide Seaman-Mahlke

Course Objective: To continue the winter movie series by watching four of the best Westerns.

Course Description: This will be a look at the impact on American masculinity by the portrayal of the cowboy, which set the standard of rugged individualism and stoic bravery.

Cost: None

Minimum Enrollment: 15 **Maximum Enrollment:** 40

COURSE: **We Need a Little Spring**

Date(s): Tuesday February 13

Time: 1:00 to 3:00 pm

Location: The Plains at Parish Homestead, 163 Heritage Circle, Oneonta (Education Room, 3rd Flr)

Facilitator: Frances Bliven

Course Objective: To:

1. Learn a variety of floral arrangements.
2. Gain knowledge about extending the “life” of a bouquet.
3. Extend the flower dollar.
4. Enjoy beautiful flowers.

Course Description: As a long-time member of the Oneonta Federated Garden Club, Fran will demonstrate a variety of flower arrangements for the home and talk about containers, styles and ways to extend the arrangement beauty.

Cost: \$3.00 each for flowers.

Minimum Enrollment: 5 **Maximum Enrollment:** 20

REGISTRATION REQUESTS DUE NO LATER THAN NOVEMBER 15, 2017

COURSE: Introduction to Curling

Date, Time, Location: Monday February 19, 1:00 to 3:00 pm in Room 104, Morris Conference Center, SUNY

Date, Time, Location: Wednesday February 21, field trip to Schenectady Curling Club

Facilitator: Cynthia Walton-Leavitt

Course Objective: To introduce the winter sport of curling.

Course Description: 2018 is an Olympic year, and curling is one of the winter sports. If you'd like to know more about it, join the facilitator as she shares her love of the "roaring game" of curling. In session one, participants will learn about the history of the game and how it is played and scored. In session two, held off-campus at the Schenectady Curling Club, the "brave of heart" will have an opportunity to get on the ice to try "throwing a rock" and "sweeping a stone." NOTE: YOU MAY ATTEND EITHER OR BOTH SESSIONS.

Cost: Session one: no cost

Session two: Approximately \$20 per person (in addition to own travel costs to Schenectady). Directions will be given to those participating.

Minimum Enrollment: 5 **Maximum Enrollment:** 32

COURSE: Life in Kenya

Date(s): Thursday, February 22

Time: 10:00 am to 12 noon

Location: Room 104, Morris Conference Center, SUNY

Facilitators: John and Cindy Korb

Course Objective: Cindy and John will share some of their experiences of living in Kitale, Kenya for 5 ½ years as the only non-Kenyan teachers in public schools.

Course Description: Photographs, artifacts, and artwork will help to illustrate the local Kenyan culture.

Cost: None

Minimum Enrollment: 5 **Maximum Enrollment:** 40

REGISTRATION REQUESTS DUE NO LATER THAN NOVEMBER 15, 2017

COURSE: Creative Writing Workshop

Date(s): Mondays, March 5, 12, 19

Time: 10:00 to 11:30 am

Location: Room 104, Morris Conference Center, SUNY

Facilitator: Charlotte M. Black

Course Objective: To enhance our intuitive sense of what makes a piece of writing resonate personally with feeling, meaning, and the ability to transport us to another realm. Is it structure? Use of adjectives or lack of them? Alliteration? Rhyme? Pure simplicity?

Course Description: We will offer to read our own writings of prose and poetry, and distribute short stories for perusal. We will provide positive feedback to participants; constructive evaluation; and our felt-sense of impact upon experiencing the literature. Please do not hesitate to bring writings of others, with or instead of your own, should you wish.

Cost: None

Minimum Enrollment: 8 **Maximum Enrollment:** 20

COURSE: Eastern Orthodox Church – Icons and Architecture

Date(s): Tuesdays, March 6, 13, 20

Time: 1:00 to 3:00 pm

Location: Room 104, Morris Conference Center, SUNY

Facilitator: Fr. Vasil Dubee

Course Objective: To provide an explanation of Eastern Orthodox iconography, different styles of iconography and church architecture.

Course Description: To show many different icons and explain their message and story. The course will also cover church architecture and its significance.

Cost: None

Minimum Enrollment: 5 **Maximum Enrollment:** 40

REGISTRATION REQUESTS DUE NO LATER THAN NOVEMBER 15, 2017

COURSE: **Continuing Origami**
Date(s): Wednesdays, March 7 and 14
Time: 1:00 to 3:00 pm
Location: The Plains at Parish Homestead, 163 Heritage Circle, Oneonta (Education Room, 3rd Flr)
Facilitator: Patricia Follett
Course Objective: To:
1. Gain the ability to read and understand origami instructions.
2. Successfully create origami figures.
3. Explore other origami books from teacher's collection.
Course Description: More origami fun - through demonstration and books that go past the basics. Origami is a hobby that can be taken anywhere. Delight children and adults with creations made out of a simple piece of paper. Use your origami creations as bookmarks, decorations, and even jewelry!
Cost: \$4.45 for supplies.
Minimum Enrollment: 5 **Maximum Enrollment:** 10

COURSE: **It's a Beautiful Scarf. Now What?**
Date(s): Tuesday, March 13
Time: 10:00 am to 12 noon
Location: Room 130, Morris Conference Center, SUNY
Facilitator: Frances Bliven
Course Objective: Explore ways to wear a scarf. Extend your wardrobe with a scarf.
Course Description: A repeat class for those who missed the class a few years ago. We will have a great time experimenting with a variety of ways to wear a scarf. Please bring one or two of your favorite scarves.
Cost: None
Minimum Enrollment: 5 **Maximum Enrollment:** 20

REGISTRATION REQUESTS DUE NO LATER THAN NOVEMBER 15, 2017

COURSE: **Be Our Guest, Be Our Guest, Be Our Guest!**

Date(s): Thursday, March 15

Time: 9:30 am to 1:00 pm

Location: Boardroom, Alumni Hall Hospitality Center, SUNY Delhi

Facilitator: David C. Brower, PhD, CHE

Course Objective: To provide community members with an understanding of the core components of SUNY Delhi's award winning Hospitality Management program and to showcase opportunities for involvement.

Course Description: This session provides participants with an overview of the Hospitality Management Department at SUNY Delhi, including the curriculum, facilities, and faculty and student accomplishments. A comprehensive tour of the Alumni Hall Hospitality Center will be provided. Session will conclude with lunch at Signatures Café, the student-operated restaurant on campus.

Cost: \$15.00

Minimum Enrollment: 5 **Maximum Enrollment:** 15

COURSE: **Destination China 1948-1949: Photographs and Letters of Norma Lenschow**

Date(s): Tuesday, March 20

Time: 10:00 to 11:30 am

Location: Room 104, Morris Conference Center, SUNY

Facilitator: Nancy Cannon

Course Objective: Share unique primary source materials related to preparation, travel, and observations of a missionary nurse in the Republic of China during the Chinese Civil War.

Course Description: Norma Lenschow served as a missionary nurse in the Republic of China from 1948 until the approach of the Communist Army in 1949. Her letters and photographs offer a unique, personal perspective on a China ripped apart by poverty and war. I previously gave a presentation on her time in Papua New Guinea in 1955.

Cost: None

Minimum Enrollment: 1 **Maximum Enrollment:** 30

REGISTRATION REQUESTS DUE NO LATER THAN NOVEMBER 15, 2017

COURSE: **Poetry Potluck – A “Pot-Pourri” of Rhymes (or not)**

Date(s): Wednesdays, March 21, 28

Time: 10:00 am to 12 noon

Location: Room 104, Morris Conference Center, SUNY

Facilitator: Tom Heitz

Course Objective: To:

1. Share readings of class members’ favorite poems of any genre (as long as a poem is short enough to be read in two minutes or less); favorite passages may be read from longer poems.
2. Introduce and read poems of reasonable length written by class members in any genre; however, student-written work will not be subjected to critical comment or dissection - only praise and encouragement will be allowed.
3. Discuss what makes a poem a “favorite poem”; also, to discuss other facets of the poetry writing experience and the aesthetics of poetry as literature and as intellectual and spiritual inspiration.

Course Description: Class members will be seated in a circle. Computers, cell phones and PowerPoint projectors will be turned off. The human voice will be the exclusive instrument of communication. Student-selected poems will be read in turns, followed by brief comments and discussion. If students prefer not to read when their turn comes, they may take a pass.

Cost: None

Minimum Enrollment: 10 **Maximum Enrollment:** 15

COURSE: **A Glimpse of Captivating Croatia – Walking the Dalmatian Coast**

Date(s): Wednesday, March 21

Time: 1:00 to 3:00 pm

Location: Craven Lounge, Morris Conference Center, SUNY

Facilitator: Shirley Ferguson

Course Objective: Through the use of narrative with accompanying photos, I wish to share a bit of the culture and scenery of this unforgettable Balkan country.

Course Description: Last September, I had the privilege of exploring the Dalmatian Coast of Croatia with Country Walkers. Wondrous sights filled our days – the golden archipelagos of the Adriatic, entrancing medieval cities, seaside olive groves, and the glittering bays lining the coastline. Unique and delicious tastes awaited us at every meal, many of which were prepared and served in the homes of friendly and helpful Croatians. We traveled by water taxi, catamaran, and ferry...but mostly under our own foot power! A stop in Dubrovnik allowed us to walk on the ancient walls of a World Heritage City which proudly shows off its Renaissance-era buildings. We were treated to experiencing a slice of this Balkan country, so heavily steeped in Greek, Roman, and Venetian history – all of which contributed to making this an unforgettable trip.

Cost: None

Minimum Enrollment: 5 **Maximum Enrollment:** 75

REGISTRATION REQUESTS DUE NO LATER THAN NOVEMBER 15, 2017

COURSE: **Be Our Guest, Be Our Guest, Be Our Guest!**

Date(s): Thursday, March 22

Time: 9:30 am to 1:00 pm

Location: Boardroom, Alumni Hall Hospitality Center, SUNY Delhi

Facilitator: David C. Brower, PhD, CHE

Course Objective: To provide community members with an understanding of the core components of SUNY Delhi's award winning Hospitality Management program and to showcase opportunities for involvement.

Course Description: This session provides participants with an overview of the Hospitality Management Department at SUNY Delhi, including the curriculum, facilities, and faculty and student accomplishments. A comprehensive tour of the Alumni Hall Hospitality Center will be provided. Session will conclude with lunch at Signatures Café, the student-operated restaurant on campus.

Cost: \$15.00

Minimum Enrollment: 5 **Maximum Enrollment:** 15

COURSE: **Local History as Documented with Cameras**

Date(s): Tuesday, March 27

Time: 10:00 am to 12 noon

Location: Fenimore Art Museum Research Library, Cooperstown

Facilitator: Christina Ely Milliman

Course Objective: To:

1. Share photographic images via PowerPoint projection selected from the archives of The Fenimore Art Museum and The Farmers' Museum.
2. Summarize the life stories and working histories of the photographers.
3. Outline the history of photography in Otsego County from 1842 to the present.

Course Description: This class will meet at the Fenimore Art Museum Research Library (or at the Fenimore Art Museum) located on State Hwy. 80 in Cooperstown. The research library is located in a separate building adjacent to the Fenimore Art Museum. Christina Ely Milliman, Curator of Photography, will present a two-hour talk illustrated with approximately 100 selected images from the photo archives of the two museums. The life stories and work of the photographers in Otsego County will be summarized and the history of photography in Otsego County will be outlined.

The lecture will be followed by an optional buffet luncheon at the nearby Otesaga Hotel (12:15 pm to 1:15 pm). The cost of the luncheon will be \$17. Advance reservations are required.

Cost: Optional luncheon at the Otesaga Hotel - \$17 per person. *Please indicate on the course request form if you want to make a reservation for lunch.*

Minimum Enrollment: 35 **Maximum Enrollment:** 60

REGISTRATION REQUESTS DUE NO LATER THAN NOVEMBER 15, 2017

COURSE: Shakespeare Again: “Antony & Cleopatra”

Date(s): Tuesdays, March 27, April 3, 10, 17, 24

Time: 2:30 to 4:30 pm

Location: Room 104, Morris Conference Center, SUNY

Facilitator: Patricia Gourlay

Course Objective: The pleasure of reading and talking about the play comes first, along with enhanced understanding and appreciation of Shakespeare’s art.

Course Description: This play is called a tragedy, but it really offers a little bit of everything – comedy, romance, satire, heroic exploits, scandalous behavior, history, and as always, much to say to our own time. We’ll read closely, look at some performances on film, talk about historical context, and compare critical opinions. As always, expect plenty of lively discussion. All opinions are important.

Cost: None

Minimum Enrollment: 8 **Maximum Enrollment:** 20

COURSE: The Mystics

Date(s): Wednesdays, March 28, April 4, 11, 18, 25

Time: 4:00 to 5:00 pm

Location: Room 104, Morris Conference Center, SUNY

Facilitator: Mark Ferrara

Course Objective: To survey some of the great mystic voices in the world tradition and to reflect on their relevance in the twenty-first century.

Course Description: In this course, we will read some of the great religious mystics (from Meister Eckhart to Sri Ramana Maharshi) in an effort to understand the possibility of union with, or absorption into, the divine by means of contemplation and self-surrender.

Cost: None

Minimum Enrollment: 6 **Maximum Enrollment:** 40

REGISTRATION REQUESTS DUE NO LATER THAN NOVEMBER 15, 2017

COURSE: **A Typical Upstate Village 100 Years Ago - Schenevus**

Date(s): Thursday, March 29

Time: 10:00 am to 12:30 pm

Location: Craven Lounge, Morris Conference Center, SUNY

Facilitator: Bob Parmerter

Course Objective: Using photos, documents, diaries and newspapers, we will examine how the lives of the residents of the Schenevus area 100 years ago, were typical of the lives of many upstate small town residents.

Course Description: We'll look at and listen to typical sights and sounds of 1918: fashions, food, transportation, businesses, homes, sports, schools, music, activities, work, worship, leisure, entertainment, notable residents, problems, improvements, architecture, health and Main Street.

Cost: None

Minimum Enrollment: 10 **Maximum Enrollment:** 75

REGISTRATION REQUESTS DUE NO LATER THAN JANUARY 15, 2018

COURSE: Indoor Recreation Course

You must have a SUNY Oneonta Guest Pass to engage in these activities. Pass will be sent to members at no cost upon registration for this class. *****PLEASE NOTE CHANGES IN SCHEDULE*****

SWIMMING: Pool is located in the Chase Physical Education Building and is **open only when SUNY classes are in session from September 1, 2017 through May 2, 2018** as follows:

Monday - Friday	12 noon to 2:00 pm 8:00 pm to 10:00 pm
Saturday & Sunday	2:00 pm to 5:00 pm

Other activities available with Guest Pass from September 1, 2017 through August 31, 2018 as follows:

WALKING: Track located in the Field House, available anytime the building is open

TENNIS: Outdoor courts only, available anytime

RACQUET BALL: Courts located on lower level in the Chase Physical Education Bldg.
Available Mondays, Wednesdays, Fridays, 12 noon to 1:00 pm

COURSE: Working Together: Fifteen Million Bats and the Air Force Saving the Environment

Date(s): Monday April 2

Time: 10:00 to 11:00 am

Location: Room 104, Morris Conference Center, SUNY

Facilitator: Lawrence T. Guzy

Course Objective: To:

1. Learn facts about the amazing world of bats.
2. Discuss our research findings about Mexican free-tailed bats and how they positively affect the environment.
3. Discuss the role of the Air Force in dealing with this issue.

Course Description: Many years ago, an Air Force base in Southwest Texas needed our assistance. Eleven miles off the end of the runway, fifteen million bats occupied a cave. During the summer nights, the bats would fly towards the airbase to feed. As soon as the bats appeared on the radar screen, fearing a jet-bat collision, the order was given to cancel night flight training. Our task was to identify night bat formations that would allow training to take place. My presentation will focus on our truly amazing findings and recommendation to the Air Force concerning night training.

Cost: None

Minimum Enrollment: 4 **Maximum Enrollment:** 40

REGISTRATION REQUESTS DUE NO LATER THAN JANUARY 15, 2018

COURSE: **Costa Rica Birds**
Date(s): Tuesday, April 3
Time: 10:00 to 11:30 am
Location: Craven Lounge, Morris Conference Center, SUNY
Facilitators: Nelson and Gail DuBois
Course Objective: To present images of Costa Rica in several different habitats. Emphasis is on a large variety of Costa Rican birds. Photographic techniques will be discussed.
Course Description: Images from four different locations in Costa Rica are shown, including two lowland locations and two highland locations. Emphasis of the program is mainly on bird photography with some additional images of snakes, flowers, and scenery.
Cost: None
Minimum Enrollment: 10 **Maximum Enrollment:** 60

COURSE: **War on the Frontier: The Life of Chief Joseph Brant**
Date(s): Thursday, April 5
Time: 10 am to 12 noon
Location: Craven Lounge, Morris Conference Center, SUNY
Facilitator: Larry DeLong
Course Objective: The course will chronicle the events of the Revolutionary War on the New York frontier. In particular, it will focus on the role of Joseph Brant (Thayendanega), a Mohawk war chief who fought on the side of the British with what would now be called “irregular” or “asymmetrical” methods. It is a study in strategy and tactics; loyalty and betrayal; culture clash and accommodation; dedication and perseverance; and love, hatred and fear.
Course Description: While the whole length of the Eastern Seaboard witnessed pitched battles during the American Revolution, the conflict that occurred in the country’s interior was more a fratricidal confrontation among Patriot families who favored breaking away from Britain and those who were the King’s Loyalists. The “Border Warfare” in New York’s wild west included such cast members as British/Irish nobility, Iroquois braves, Redcoat regulars and German mercenaries.

Among the prominent figures in that drama was Joseph Brant, a controversial and colorful combatant derided as the “the most hated man on the New York frontier.” But who was Joseph Brant? Was he a bloodthirsty savage who raided Patriot forts, burned villages, slaughtered innocents, despoiled the countryside, and stabbed his own son in a knife fight? Was he instead a renowned British Army officer who translated the Book of Common Prayer, built an Anglican church, wore a Masonic ring, and sent his other sons to Dartmouth College? Or was he the embodiment of his Mohawk name, which translates to “A Man of Two Worlds?” This course will present the evidence for you to decide.
Cost: None
Minimum Enrollment: 5 **Maximum Enrollment:** 75

REGISTRATION REQUESTS DUE NO LATER THAN JANUARY 15, 2018

COURSE: **The Many Faces of Autism**

Date(s): Thursday, April 5

Time: 1:00 to 2:00 pm

Location: Room 104, Morris Conference Center, SUNY

Facilitator: Dolores Rothwell

Course Objective: To enlighten people on the autism spectrum disorder and dispel the myths and misinformation surrounding autism.

Course Description: A slide show and oral presentation describing the signs of autism and the types of autism spectrum disorder. Can autism be cured? What causes autism? Attempting to answer these and other questions posed by those interested in learning more about the disorder.

Cost: None

Minimum Enrollment: 5 **Maximum Enrollment:** 40

COURSE: **Humans and Horses**

Date(s): Fridays, April 6 and 13

Time: 10:00 am to 12 noon

Location: Little Theater, Alumni Hall, SUNY

Facilitator: Tom Heitz

Course Objective: To:

1. Trace the relationship and common history of horses and humans with equal respect for both.
2. Survey the role and contributions of horses to the settling of North America and the building of the nation.
3. Survey the local history of horses in Central New York from settlement to the early 20th century with reference to long distance and local travel, agriculture, family life, communications, crime (horse stealing), law enforcement, warfare, and recreation.

Course Description: The taming, training and breeding of horses was a pivotal element in the settling of North America and elsewhere in the Western Hemisphere. This course will survey the interaction of horses and humans across a broad spectrum spanning several centuries, concluding with the confrontation between horses and automobiles in the early decades of the 20th century.

Cost: None

Minimum Enrollment: 35 **Maximum Enrollment:** 60

REGISTRATION REQUESTS DUE NO LATER THAN JANUARY 15, 2018

COURSE: **The Aging of Our Sensory Systems and Staying Safe with Assistive Technology and Simple Modifications**

Date(s): Fridays, April 6 and 13

Time: 1:00 to 3:00 pm

Location: Little Theater, Alumni Hall, SUNY

Facilitator: Helen Russell-Tari

Course Objective: In Part 1 (The Aging of Our Sensory Systems: Increased Age = Decreased Balance = Increased Falls), participants will demonstrate an increased understanding of how our balance mechanisms work and how the aging process impacts the neurological and sensory systems involved in our ability to continue to function.

In Part 2 (Staying Safe with Assistive Technology and Simple Modifications), participants will learn what types of assistive technology are available, how to find the right one for them, and how they can maximize their safety with simple modifications to their environment and in their daily routine activities.

Course Description: The first session for this course will include a two hour lecture with PowerPoint illustrations to explain the basics of how our sensory systems work; how they allow us to effectively and efficiently interact with the world around us; and how the changes in these systems as we age increase our risk for falling; loss of independence; and the decline in our ability to handle everyday tasks, significantly reducing the quality of our lives.

The second session also includes a two hour lecture with PowerPoint illustrations to provide a working knowledge of assistive technology, universal design, and home modifications to show how they can improve our mobility, protect our joints, reduce strain on our bodies, and mind to help us remain safe and independent.

Cost: None

Minimum Enrollment: 20 **Maximum Enrollment:** 75

REGISTRATION REQUESTS DUE NO LATER THAN JANUARY 15, 2018

COURSE: **1929: The Day the Bubble Burst and the Party Ended**

Date(s): Mondays, April 9, 16, 23

Time: 1:00 to 2:45 pm

Location: Room 104, Morris Conference Center, SUNY

Facilitator: Harry Pence

Course Objective: To offer a deeper analysis and understanding of a formative time in American history – the stock market crash of 1929 and the Great Depression that followed.

Course Description: After the stock market crash and the ensuing Great Depression, Herbert Hoover became known as a heartless fool and Franklin Roosevelt was considered by many to be the savior of the common man (and woman). Neither picture is accurate, but that does not prevent these images from coloring current discussion of the period. The period continues to be important because during recent times there have been efforts to rewrite the history of the time to support current political beliefs. Despite the economic hardships, it was also a period of vibrant cultural experimentation, driven by European intellectuals and artists who were fleeing from Hitler.

Cost: None

Minimum Enrollment: 10 **Maximum Enrollment:** 38

COURSE: **You Think You're Rational, But You're Not, So What? Part II**

Date(s): Tuesdays, April 10 and 17

Time: 10:00 am to 12 noon

Location: Room 104, Morris Conference Center, SUNY

Facilitator: Steven Gilbert

Course Objective: To engage the class in an exploration of the cognitive biases that infuse and skew our thinking.

Course Description: I will present the major cognitive biases, examining where they come from, how they work, and the effect they have on our decisions and well-being. We will explore the circumstances that exacerbate or minimize their effects, and the intriguing possibility that bad thinking may sometimes lead to good decisions. Attendance at the previous class is NOT required. New students are welcome and encouraged to attend.

Cost: None

Minimum Enrollment: 5 **Maximum Enrollment:** 40

REGISTRATION REQUESTS DUE NO LATER THAN JANUARY 15, 2018

COURSE: **Why the Scenery Looks the Way It Does**

Date(s): Wednesdays, April 11, 18, 25

Time: 10:00 am to 12 noon

Location: Craven Lounge, Morris Conference Center, SUNY

Facilitator: P. Jay Fleisher

Course Objective: Present illustrated explanations for the factors that shape the scenery. Use examples from our National Parks and Monuments system as icons of exceptional scenery, such as the Grand Canyon. View and discuss other classic locations, such as the Adirondacks and Catskills. Bring the CCAL audience up to date on my grandson Jack!

Course Description: It is difficult, if not impossible, to travel almost anywhere without looking at the scenery. In this course we will consider why the scenery looks different from one place to another. Most of our national parks and monuments were established to protect classic scenic beauty, from the well-known and heavily visited Grand Canyon to less conspicuous places like Shiprock and Devil’s Tower. Even ordinary scenery looks the way it does for the same reasons as the icons – it is a combination of climate and geologic setting. Let me show you the underlying influences responsible for scenery.

Cost: None

Minimum Enrollment: 10 **Maximum Enrollment:** 75

COURSE: **Day Tripping III**

Date(s): Thursday, April 12

Time: 10:00 am to 12 noon

Location: Room 104, Morris Conference Center, SUNY

Facilitators: Alice Cannistra, Joan Kollgaard, Judy Tator

Course Objective: To share some fun, interesting, and relatively close-by trip destinations.

Course Description: GJWTHF (Girls Just Want to Have Fun) is a group of retired Unatego Central School District teachers who have continued their friendship in retirement by planning and taking regular day trips to interesting places in New York, Vermont, Massachusetts, and Pennsylvania. The girls have visited museums and historical sites, large and small; cruised on lakes, rivers, and canals; ridden trains, duck boats, and carousels; explored caverns and coal mines; attended plays and musicals; and, in general, had fun! They want to share their fun, but also welcome hearing of the experiences of others, and they invite class members to bring pictures, brochures, and stories of their own fun trips.

Cost: None

Minimum Enrollment: 10 **Maximum Enrollment:** 40

REGISTRATION REQUESTS DUE NO LATER THAN JANUARY 15, 2018

COURSE: **Book Discussion: Erving Goffman's *The Presentation of Self in Everyday Life***

Date(s): Thursdays April 12, 19, 26

Time: 1:00 to 2:00 pm (12th); 1:00 to 3:00 pm (19th, 26th)

Location: Room 104, Morris Conference Center, SUNY

Facilitator: Marilyn Helterline

Course Objective: To read, discuss, and evaluate Erving Goffman's book, The Presentation of Self in Everyday Life.

Course Description: Erving Goffman has been called the most influential American sociologist of the 20th century and his most influential book, The Presentation of the Self in Everyday Life, was published in 1956, remaining popular to this day. Goffman's book has been described as taking Shakespeare's line from *As You Like It*, "All the world's a stage," and elaborating the metaphor into a complex system for understanding the self in social interaction. On the front stage the actor, sometimes as a member of a team, creates a performance that defines the self to an audience. The backstage must be segregated from the front stage and the audiences for discrepant performances must be segregated. This book is easily read and you may never view social interactions the same again after reading it. It raises fascinating discussion questions about the connection between the self and the performance, and how the internet and social media have changed the process of self-presentation since Goffman wrote this book.

Cost: Acquisition of the book, The Presentation of Self in Everyday Life, by Erving Goffman.

Minimum Enrollment: 8 **Maximum Enrollment:** 25

COURSE: **Geriatrics 16.0**

Date(s): Wednesday, April 18

Time: 1:00 to 3:00 pm

Location: The Plains at Parish Homestead, 163 Heritage Circle, Oneonta (Education Room, 3rd Flr)

Facilitator: Dr. Douglas DeLong

Course Objective: To review recent advances in geriatric medicine and allow for interactive Q & A.

Course Description: This course will consist of somewhat extemporaneous rather than didactic sessions requiring audience participation. We will review some of the recent advances in geriatrics and how they might affect participants. There will be a test.

Cost: None

Minimum Enrollment: 5 **Maximum Enrollment:** 40

REGISTRATION REQUESTS DUE NO LATER THAN JANUARY 15, 2018

COURSE: **Cusco, Peru: The Navel of the World**

Date(s): Thursday, April 19

Time: 10:00 am to 12 noon

Location: Craven Lounge, Morris Conference Center, SUNY

Facilitator: Irma Villegas Ouimet

Course Objective: To offer the opportunity to learn about the city of Cusco and its people from a native of the city.

Course Description: Cusco, Peru is one of the 11 UNESCO World Heritage sites in Peru. This presentation will be offered from the perspective of a native of Cusco and encompass some local history, architecture, culture and customs of Cusquenos. It will include many photos, not only of Cusco but also surrounding sites such as the Urubamba Valley and Machu Picchu, voted one of the New Seven Wonders of the World in 2007.

Cost: None

Minimum Enrollment: 25 **Maximum Enrollment:** 75

COURSE: **Topics in Contemporary Literature**

Date(s): Fridays, April 20, May 18 and June 22

Time: 10:00 am to 12 noon

Location: Blue Room, 1st United Presbyterian (Red Door) Church, 2 Walling Ave., Oneonta

Facilitator: Mary S. Miller

Course Objective: This course is a book club to gather avid readers who wish to discuss current fiction in a congenial setting.

Course Description: Rather than a pedantic overview of selected books, this is a book club comprised of interested readers who wish to discuss contemporary fiction. There will be much give and take involved in each class with each member encouraged to participate and share his or her views. The selected works will be announced in February, and each class member notified of the titles.

Cost: Cost of books selected.

Minimum Enrollment: 15 **Maximum Enrollment:** 25

REGISTRATION REQUESTS DUE NO LATER THAN JANUARY 15, 2018

COURSE: **Asian Adventure**

Date(s): Tuesday, April 24

Time: 10:00 am to 12 noon

Location: Craven Lounge, Morris Conference Center, SUNY

Facilitator: Marjorie Smith

Course Objective: To explore various sites of historic and cultural interest in Tokyo, Bangkok, and several parts of China. To deepen cultural awareness and appreciation for both the ancient and the modern in the places visited.

Course Description: We will share in my 2016 tour to the Far East using photos taken on the trip. I would like to share my impressions of modern China, as well as some historical and cultural background, and answer important questions such as “Is Chinese food like what we get here?” There will be handouts covering some of the history and background for some of the places we will visit. I will also share with you some of the items I brought back. Several people shared their stories with us, and I would like to share some of them with you.

Cost: None

Minimum Enrollment: 10 **Maximum Enrollment:** 75

COURSE: **Dreams of Piracy, Nightmares of Pirates: the Tragedy of the 1842 “Somers Mutiny”**

Date(s): Thursday, April 26

Time: 10:00 am to 12 noon

Location: Room 104, Morris Conference Center, SUNY

Facilitator: Hugh MacDougall

Course Objective: To relive the 1842 “Somers Mutiny,” making use of contemporary accounts, news reports, and documents. This is a drama of complex human behavior aboard an overcrowded ship at sea; the legal, bureaucratic and human reactions to the tragedy that ensued; and how the Somers case came to influence American naval history and American literature. Ultimately, it will seek to look into the minds and personalities of the two men most closely involved.

Course Description: In 1842 the newly launched US Brig Somers sailed for Africa on an innovative voyage to train young sailors for the American Navy. On her return trip, Captain Alexander Mackenzie was convinced that Midshipman Philip Spencer (who just happened to be the son of the US Secretary of War) was plotting a mutiny to seize the Somers and convert it into a pirate ship. Spencer and two sailors were hanged on board without a trial. Captain Mackenzie, a travel writer and novelist as well as a naval officer, had fought real pirate ships in the Caribbean. Midshipman Spencer was a deeply troubled teenager with dreams of becoming a pirate. Was this mutiny (the only recorded mutiny in American Naval history), a real conspiracy, or just a figment of the Captain’s fertile imagination? The Somers case has been argued in both history books and novels. It led to the establishment

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of the US Naval Academy, as well as to the novelette “Billy Budd” by Herman Melville (whose first cousin was second in command of the Somers). Among those who became deeply involved in the controversy was novelist and naval historian James Fenimore Cooper.

Cost: None
Minimum Enrollment: 10 **Maximum Enrollment:** 40

COURSE: **The Other Side of the Kennel**

Date(s): Friday, April 27 in Craven Lounge, Morris Conference Center, SUNY
Friday, May 4 Field trip to Susquehanna Animal Shelter in Cooperstown

Time: 10:00 am to 12 noon

Facilitator: Stacie Haynes

Course Objective: To:

1. Learn the 100 year history of the Susquehanna Animal Shelter (SAS) in Otsego County.
2. Understand the need for the SAS services.
3. Discover all the services the SAS provides.

Course Description: Course participants will watch the one hour SAS documentary, “The Other Side of the Kennel.” The film will be followed by a Q&A session. Participants will also experience a session at the SAS in Cooperstown with a tour of the facility and additional Q&A.

Cost: None
Minimum Enrollment: 5 **Maximum Enrollment:** 75

COURSE: **Spirituality of Food**

Date(s): Wednesdays, May 2, 9, 16, 23, 30

Time: 9:00 am to 12 noon

Location: SOL Wellness Center kitchen, 50 Dietz St., Oneonta (2nd floor, elevator available)

Facilitator: Nettie Jean Scarzafava

Course Objective: Growing, preparing and consuming foods with mindfulness and spiritual purpose.

Course Description:

1. Exploring traditions of planting food – discussion.
2. Preparing foods to consume – hands on.
3. Eating with specific intentions – practice.

Cost: \$4.00 per person for food supplies.
Minimum Enrollment: 7 **Maximum Enrollment:** 9

REGISTRATION REQUESTS DUE NO LATER THAN JANUARY 15, 2018

- COURSE:** **Poetry Potluck – A “Pot-Pourri” of Rhymes (or not)**
(This is a repeat of the March 2018 course)
- Date(s):** Thursdays, May 3 & 10
- Time:** 10:00 am to 12 noon
- Location:** Blue Room, 1st United Presbyterian (Red Door) Church, 2 Walling Ave., Oneonta
- Facilitator:** Tom Heitz
- Course Objective:** To:
1. Share readings of class members’ favorite poems of any genre (poems to be read in two minutes or less). Favorite passages may be read from longer poems.
 2. Introduce and read poems of reasonable length written by class members, in any genre. Student-written work will not be subjected to critical comment or dissection – only praise and encouragement will be allowed.
 3. Discuss what makes a poem a “favorite poem.” Also, discuss other facets of the poetry writing experience and the aesthetics of poetry as literature, and as intellectual and spiritual inspiration.
- Course Description:** Class members will be seated in a circle. Computers, cell phones and PowerPoint projections will be turned off. The human voice will be the exclusive instrument of communication. Student-selected poems will be read in turns, followed by brief comments and discussion. If students prefer not to read when their turn comes, they may pass.
- Cost:** None
- Minimum Enrollment:** 10 **Maximum Enrollment:** 15
-
- COURSE:** **Digital Landscape Photography**
- Date(s):** Fridays, May 4, 11, 18, 25
- Time:** 1:00 to 3:00 pm
- Location:** Room 321, Fine Arts Building, SUNY
- Facilitator:** Sven Anderson
- Course Objective:** To learn the fundamentals of taking better landscape photographs.
- Course Description:** A course designed to help people feel confident and take better landscape photographs. It includes a basic overview of the technical aspects of digital photography including exposure and how all the settings affect your image. Fundamentals of composition and color with an emphasis on the use of natural lights. For beginner to advanced students.
- Cost:** None, but students do need to bring their own digital camera.
- Minimum Enrollment:** 4 **Maximum Enrollment:** 20

REGISTRATION REQUESTS DUE NO LATER THAN JANUARY 15, 2018

COURSE: **Genealogy Online: Ancestry.com Library Edition**

Date(s): Tuesday, May 8

Time: 1:00 to 3:00 pm

Location: Computer Lab, Milne Library, SUNY

Facilitator: Sarah Livingston

Course Objective: To introduce participants to the Library Edition of Ancestry.com which is provided for use at many of the Four-County Library System's libraries.

Course Description: Bring any family names that you wish to research. Participants should have some familiarity with computers and be able to use a computer mouse.

Cost: None

Minimum Enrollment: 6 **Maximum Enrollment:** 12

COURSE: **One Craft, Two Cultures: Quilting in Japan and America**

Date(s): Thursdays, May 17, 24, 31

Time: 9:30 to 11:00 am

Location: Little Theater, Alumni Hall, SUNY

Facilitator: Jacqueline M. Atkins

Course Objective: To look at the cultural, social, and aesthetic differences in quilting between Japan and the United States and what influenced these differences.

Course Description: Quilting in its current western-style form in Japan is a comparatively new phenomenon, barely five decades old. Although patchwork, quilting, and applique techniques have been used in Japan for millennia, they were rarely used in combination until Japanese needle workers were exposed to traditional American quilts. These elements gave a solid basis for the strong Japanese interest in quilting today, and quilters now combine them in both traditional and nontraditional modes. As part of this course, we will look at these patchwork precedents that helped to foster the rapid surge of Japanese interest in American quilting. We will also examine the Japanese cultural and social context in which quilting developed. Of special interest will be the differences and similarities within the quilting communities in the two countries. Many Japanese women, for example, have learned how to quilt under a strong hierarchical system that is unknown in America, and this represents one of the most profound differences in quilting in the two countries. We will also look at the aesthetics of quilt design in Japan, from the initial copying of traditional American quilts to a gradual development of a unique style that has been an inspiration to quilters everywhere.

Cost: None

Minimum Enrollment: 15 **Maximum Enrollment:** 30

REGISTRATION REQUESTS DUE NO LATER THAN JANUARY 15, 2018

COURSE: **Cooperstown Walking Tour**

Date(s): Thursday May 17 (rain date: Saturday May 19)

Time: 1:00 to 3:00 pm

Location: Cooperstown

Facilitator: Janet L. Potter

Course Objective: To:

1. Introduce participants to the outlines of the history of Cooperstown.
2. Examine and review a brief history of several buildings on or near Main Street.
3. Learn about some of the key historical figures in the development of the town.

Course Description: Enjoy a walking tour of Cooperstown, NY. Starting at the Cooper statue in the park adjacent to the Hall of Fame, the tour will include historical tidbits and stories about the houses and businesses on and near Main Street. You will learn about some of the people who made the fascinating history of Cooperstown.

Cost: None

Minimum Enrollment: 5 **Maximum Enrollment:** 12

COURSE: **Genealogy Online: Using FamilySearch.org**

Date(s): Tuesday May 22

Time: 1:00 to 3:00 pm

Location: Computer Lab, Milne Library, SUNY

Facilitator: Sarah Livingston

Course Objective: To learn how to use FamilySearch.org. Learn how to navigate the website to request genealogy records on microfilm, search through online databases, and create your own family tree.

Course Description: FamilySearch.org is a “must use” resource for genealogists. Bring any family names that you wish to research. Participants should have some familiarity with the Internet and should be able to use a computer mouse.

Cost: None

Minimum Enrollment: 6 **Maximum Enrollment:** 12

REGISTRATION REQUESTS DUE NO LATER THAN JANUARY 15, 2018

COURSE: **Lansing Manor: Schoharie's Own Downton Abbey**

Date(s): Tuesday, May 29

Time: 1:00 to 4:00 pm

Location: Lansing Manor, 1378 State Route 30, N. Blenheim
The Manor is on the grounds of the Blenheim-Gilboa Power Plant Visitors Center.

Facilitator: Melinda McTaggart

Course Objective: To explore the history of an English/Dutch manor located in Schoharie County. Topics will include 19th and early 20th century decorative arts as well as local and regional history.

Course Description: The day will include a tour of the home as well as a more in depth examination of the history of the families that resided there from 1819 to 1971. Focus will also include the decorative arts featured within the mansion such as paintings and furniture. Luncheon could be arranged on the grounds for participants if desired.

Cost: \$5 plus cost of lunch if desired.

Minimum Enrollment: 5 **Maximum Enrollment:** 30

Facilitator Biographies

Anderson, Sven is an Art professor at SUNY Oneonta. He has taught all aspects of digital art and photography. Sven assists in 3 professional workshops a year at the Ansel Adams Gallery in Yosemite. He has an MFA from Cranbrook Academy of Art and a BFA from the University of Hawaii. He is from Long Beach California and lives in Oneonta with his wife and daughter.

Atkins, Jacqueline, formerly Chief Curator of the Allentown Art Museum in Pennsylvania, studied the impact of American quilting in Japan under a Fulbright research grant. For eight years, she was a judge for the NHK Japan Quilt Grand Prix contest. Using information gathered during her research in Japan, her years of writing and lecturing on Japanese quilts, and her experience as a quilt judge, Dr. Atkins will discuss the many elements that have influenced Japanese quilting, how it differs from Western quilting, and the ongoing evolution of quilting as an art.

Black, Charlotte received her Master's degree in science from Columbia University School of Social Work in NYC. She has been in private practice for psychotherapy for over 25 years in Greenwich Village, Northern NJ and, for the past 16 years, in Oneonta. In addition, she was on staff at the Washington Square Institute for Psychotherapy; Hackensack Mental Health and Ridgewood Family Services in NJ; and Delaware County Mental Health in Walton, NY. She has two adult sons and lives with her husband in Franklin.

Bliven, Fran A retired professor from SUNY Oneonta, Fran has been a teacher all of her life. With degrees in home economics education, she is a “dabbler” who enjoys trying her hand at a variety of crafts and sharing with others. She's a Charter Member of CCAL and has presented courses reflecting a variety of interests. Once a teacher, always a teacher.

Brower, David serves as the Dean of the School of Business and Hospitality Management at SUNY Delhi where he oversees a dynamic array of academic offerings including Culinary Arts, Event Management, Hotel & Restaurant Management, Business & Technology Management, Accounting, Computer Information Systems, and Professional Golf Management. David joined the faculty in the fall of 2002 and became department chair of Hospitality Management in 2012 and Dean in January of 2017. His industry experience includes positions with the Walt Disney Company, Intercontinental Hotels and Resorts, and the Isle of Capri Casino, Inc. He also worked with not-for-profit trade organizations including the Rhode Island Hospitality and Tourism Association where he served as a school to career liaison and later as Director of Membership Services. David holds associate and baccalaureate degrees in Hospitality Management from SUNY Delhi, an MBA in Hospitality Administration from the Alan Shawn Feinstein Graduate School at Johnson & Wales University, and a PhD in Leadership and Management from Capella University in Minneapolis, MN.

Cannistra, Alice taught Spanish for 33 years at Unatego High School, retiring in 2006. She is delighted to have the time to explore other interests and continue learning.

Cannon, Nancy retired recently as a technology librarian at SUNY Oneonta.

DeLong, Dr. Douglas is a practicing physician in Prime Care at Bassett Hospital in Cooperstown. He received his BA from Duke University in 1973 and his MD from the University of North Carolina at Chapel Hill in 1979. He was a resident in Internal Medicine from 1979 to 1982 and Chief Resident 1982-83 at Bassett. He has been board certified in Internal Medicine since 1982. He added qualifications in Geriatric Medicine in 1988 and was recertified in 1998. Dr. DeLong became a Fellow of the American College of Physicians in 1994. Dr. DeLong gave his first seminar for CCAL in 2002 and has given a course every year since then.

DeLong, Lawrence is a native of Worcester and a graduate of Hamilton College. He worked as an analyst and administrator for the New York State Assembly for 33 years and is a Navy veteran of Vietnam. He has been a trustee of the local library, historical society, church, cemetery and thrift shop, and is an elected member of the

Worcester Town Council and a former Worcester Town Historian and Planning Board Chairman. He has been a youth baseball manager, announcer, and a bowling coach. He is a single parent and grandparent. Interests have included reading, hiking, sports, current events, genealogy and a few eccentric collections. Family members have lived in Otsego County since at least 1795.

Dubee, Rev. Fr. Vasil is a priest in the Eastern Orthodox Church. Born in Scranton, PA, Fr. Vasil grew up in an ethnic Ukrainian community, speaking both English and Ukrainian and learned the traditions of his family's native homeland, which he still keeps even to this very day. He is a graduate of St. Tikhon's Orthodox Theological Seminary in South Canaan, PA where he majored in Orthodox Theology and Priestly Formation. He is also a graduate of Ashford University and Forbes School of Business where he majored in Business and Project Management. Fr. Vasil is the priest at St. Innocent Orthodox Church in Oneonta, a small mission church planning to build an Orthodox Church in Oneonta. He is married to Pani-Matka Lesya Dubee, whom he met while visiting family in Ukraine, and they have a beautiful daughter.

Dubois, Gail and Nelson Gail and Nelson have been photographing for many years in many locations throughout the world. They have both had images published in calendars and magazines. Gail's emphasis has been on photographing birds, and Nelson's emphasis has been on photographing a variety of nature images, including scenery, animals, flowers and birds.

Ferguson, Shirley has been a resident of Delaware County since 2003 and loves the area. Her working career encompassed many different jobs, beginning with teaching, veering into operating heavy equipment for two years and ending with a 21-year sales career at Xerox. Retirement has allowed her the freedom to pursue many different interests – gardening, reading, crafts, taking and giving CCAL classes and sometimes combining two passions of travel and volunteering.

Ferrara, Mark is Associate Professor of English at SUNY Oneonta and author of Palace of Ashes: China and the Decline of American Higher Education (John Hopkins University Press, 2015). He has taught at universities in the United States, South Korea, China and on a Fulbright scholarship in Turkey. His courses are internationally focused, interdisciplinary, and aim to raise critical insight of other cultures through their literatures.

Fleisher, P. Jay is Distinguished Teaching Professor Emeritus in the Earth Sciences Department at SUNY Oneonta. During his 40 years at the college, he taught introductory and advanced Geology courses and mentored student research. Recognized for his expertise in the field of glaciers, glacial geology and climate change, Jay often shifts his attention to a broad spectrum of topics.

Follett, Patricia (Pat) is a retired Kindergarten teacher living in Oneonta. She has enjoyed making origami models for many years after receiving her first origami book when she was 9 years old. She's demonstrated and taught origami to elementary and college students and looks forward to sharing her love of origami with CCAL members again.

Gilbert, Steve received his BA in Psychology from Boston University in 1966, and an MA (1972) and Ph.D. (1975) in Psychology at Clark University. After teaching for three years at Greater Hartford Community College (1972-1974), Steve accepted a position in the Psychology Department at SUNY Oneonta, where he served from 1974 until his retirement in 2010 – the last 13 years as chair of the Psychology Department. Steve's primary academic interests are in Social and Advertising Psychology, with a special focus on social influence and individual differences in influencibility. Steve and Barbara have been married since 1970, and are exceedingly proud of their children Rachel (a school counselor in Brooklyn) and Dan (Assistant Director of Academic Advising, School of Education, at Temple University). They currently lavish an embarrassing amount of affection on their dog Jupiter.

Gourlay, Patricia is an Emeritus Professor of English, who taught at SUNY College at Oneonta for forty years. She received the Chancellor's Award for excellence in teaching. She has also taught at Temple University and

Hunter College. She is a graduate of Wellesley College, with an M.A. from Stanford University and a Ph.D. in Comparative Literature from Columbia. She has been offering courses for CCAL since 2004, and has found them to be the most interesting and most fun yet.

Guzy, Dr. Larry (BA, John Carroll University and Ph.D., SUNY Buffalo) holds the rank of Distinguished Teaching Professor, Emeritus, SUNY Oneonta (39 years). He is an Associate Fellow of the Aerospace Medical Association and a Fellow of the Aerospace Human Factors Association. He has conducted research for Randolph AF Base (Texas) the NASA-Ames Research Center (California), Wright Patterson AF Base (Ohio), The Pennsylvania State University & Pennsylvania Transportation Institute, the Israel National Police, and Otsego County Traffic Safety Board/Sheriff's Department. He has published/presented research with hundreds of his students.

Haynes, Stacy has been Executive Director at the Susquehanna Animal Shelter since October 2015. Prior to that, she worked at DCMO BOCES for 6 years and ONC BOCES for 1 year. She has served on several fundraising committees and nonprofit boards. She has a master's degree in Public Administration, specializing in nonprofit management.

Heitz, Tom writes local history columns for the Freeman's Journal, the Richfield Springs Mercury and the Route 20 Pulse. Tom is Otsego Town Co-Historian, an interpreter for the Cardiff Giant at the Farmers' Museum in Cooperstown and was the official score keeper for the Oneonta Tigers in the summertime. From 1983 to 1995 he was Librarian at the National Baseball Library and Archive, National Baseball Hall of Fame and Museum. He is a graduate of the University of Kansas (1962), the University of Missouri at Kansas City School of Law (1965), the University of Washington (MS in Library Sciences, 1972) and also attended classes at SUNY's Cooperstown Graduate Program in Museum Studies (1996-1998). As a lawyer, Tom served as a JAG officer and military law instructor in the U.S. Marine Corps (1965-1971) during the Vietnam era. He has also been actively engaged in the civil rights struggle for the recognition of equal rights and opportunities for LGBTQI people since the late 1960s. Tom's CCAL courses, which have covered a wide variety of subjects of both local and universal interest, are taught in a narrative story-telling fashion interspersed with original resource materials and illustrations. Different points of view, discussion, and provocative questions are welcomed.

Helterline, Marilyn is a retired professor of sociology and women's and gender studies. She taught at SUNY Oneonta from 1973 until 2009 and holds a Ph.D. in sociology from the University of Notre Dame.

Kollgaard, Joan is a retired English teacher who has continued to travel after retirement, both on local day trips with fellow retirees and on trips in the U.S. and Europe with family and friends.

Korb, John and Cindy are retired teachers. After retirement they spent 5 ½ years as Maryknoll Lay Missioners teaching in western Kenya.

LaFever, Ray has been the archivist at the Delaware County Historical Association since 2011. He received his Masters of Library Science degree from SUNY Albany in 1985. He worked in local government records management until 1990, when he started at the New York State Archives, providing advisory services to local governments and to not-for-profits. He retired from the State Archives in 2010. He is the town historian for the Town of Bovina and has been an avid amateur genealogist since 1979.

Livingston, Sarah is the New York State History Room Librarian at Huntington Memorial Library. She teaches eBook and Genealogy classes, as well as one-on-one computer instruction. She has offered previous CCAL classes in genealogy, computer technology, and 3D printing.

Loomis, Flo has been sewing most of her life. She started as a garment sewer and added quilting in the late 1990s and is past president of her quilting guild, Susquehanna Valley Quilters. Flo has entered numerous shows and always has something in the works. She enjoys the challenge of figuring out a pattern or drafting her own.

Flo has gotten a group of guild members to come together every Monday and sew for themselves or work on charity “Comfort” projects, teaching each other new skills and techniques.

Loudon, Jim is a native of Otsego County and currently resides in the West End of Oneonta. Jim was graduated from SUNY Oneonta in 1972 with a B.S. in Liberal Arts, majoring in Art and History. In 1982 Jim organized the Leatherstocking Railway Historical Society which currently operates the Cooperstown and Charlotte Valley Train Ride, now in its 13th year of service. For the past 25 years Jim has devoted much of his time to researching local railroad history, and has written several articles for the Society’s publications. In 1993 his first book, The Oneonta Roundhouse, was published and his second book, Leatherstocking Rails, became available in April 2005. The second book provides a comprehensive history of all the railroads that served the Upper Susquehanna Basin. Jim has just published his third book on local railroads, The Cooperstown and Northern (May 2017).

McTaggart, Melinda and Beams, Dan are Director of Educational Outreach at the Old Stone Fort/Schoharie County Historical Society and Curator for the Society, respectively. Both have Master’s degrees in their area and have extensive museum experience.

MacDougall, Hugh has been giving courses at CCAL since it was founded, and always on a subject that interests him. He is a former United States Foreign Service Officer, who since his retirement in 1986, returned to Cooperstown where he has served in various civic capacities, founded and is still active in the James Fenimore Cooper Society, writes a weekly column in the Cooperstown Crier newspaper, and is currently the official Cooperstown village historian. Since its founding, he has served on the CCAL Curriculum Committee, and he created and ran the original CCAL website.

Miller, Mary S. is a retired 12th grade English teacher and former adjunct instructor at Hartwick College. She is a passionate reader who enjoys sharing her enthusiasm with fellow readers.

Milliman, Christina Ely is Curator of Photography at the Fenimore Art Museum and The Farmers’ Museum has worked with the photography collections at the museums for more than seven years. Milliman has worked primarily with The Farmers’ Museum “Plowline: Images of Rural New York” photography collection, a curated collection documenting the agricultural history of New York State, farm families, and changes in agriculture over time. This collection has grown to more than 15,000 images during her tenure. Christina has also worked extensively with the Smith-Telfer Collection at the Fenimore Art Museum, a body of photographic work comprised of more than 53,000 glass plate negatives documenting more than a century of Cooperstown area social events, businesses, estates, residents, and more. Christina has more than 20 years of experience with collections management, education and curatorial work in history and art museums.

Ouimet, Irma Villegas was born in Cusco, Peru. A graduate of La Escuela Normal Superior de Santa Rosa de Lima, she earned her degree in Elementary Education and taught in Peru for 17 years before coming to the U.S. She has attended SUNY Oneonta, earning credits toward a degree in Spanish and has substituted in local schools for over twenty years. In addition to Spanish as her native language, she speaks English, Quechua, and a little Italian and Portuguese.

Parmarter, Bob taught junior high social studies in Schenevus for 33 years, retiring in 1997. He is currently Vice-President of CCAL; historian for the town of Maryland (including Schenevus); historian for the Beechcraft Heritage Aviation Museum in Tullahoma, TN; active in the Town of Maryland Historical Society; and author of “Beech 18: A Civil and Military History,” published in 2004. He grew up in Florida, NY, graduated from SUNY Oneonta in 1964, and is the proud grandfather of four terrific young people.

Pence, Dr. Harry E. is a SUNY Distinguished Teaching Professor Emeritus and presently serves as a Faculty Fellow for Emerging Technologies at the Teaching and Learning with Technology Center at the State University College at Oneonta, NY. He is a co-editor of the book, Enhancing Learning with Online Resources, Social Networking, and Digital Libraries, which was published by the American Chemical Society. He co-authored

two chapters in that book as well as a chapter on augmented reality in the book [The Handheld Library](#). He also co-authored a chapter entitled “New Tools and Challenges for Chemical Education: Mobile Learning, Augmented Reality, and Distributed Cognition in the Dawn of the Social and Semantic Web” in the recently published book, [Chemistry Education: Best Practices, Innovative Strategies and New Technologies](#).

Potter, Janet developed a love for the history of the area while growing up and attending school in Cooperstown. She worked at SUNY Oneonta’s Milne Library for 37 years, serving as library director for the last 16 years.

Reed, Celia has worked in the field of special education for the past 26 years. She has served as a training specialist for a NYS network and traveled to Bhutan at the invitation of the Ministry of Education in the summers of 2013 and 2014.

Rothwell, Dolores My interest in autism began when my 3-year-old grandson was diagnosed with ASD. There were and still are many misconceptions about Autism Spectrum Disorder and to date no clear diagnosis has been found. I continue to attempt to enlighten anyone and everyone on the main questions about autism by presenting “The Many Faces of Autism” at schools and public venues.

Russell-Tari, Helen is a registered, licensed Occupational Therapist (OTR/L), as well as a certified Assistive Technology Professional (ATP) and holds certifications in Vestibular Rehabilitation and Concussion Management. She is currently the Occupational Therapy Supervisor at O’Connor Hospital in Delhi, NY. She has been an occupational therapist for 38 years with extensive experience in a variety of practice areas including outpatient; inpatient rehab; acute care; intensive care units; NICU; long term care facilities; children’s hospitals; and community based programs for the developmentally disabled as well as in the home health field both in the New York City area and in the rural areas of Delaware and Schoharie counties. Ms. Russell-Tari’s patients have ranged in age from 1 month to 100 years. In her current practice she specializes in the treatment of children and adults with vestibular dysfunction; visual impairments; sensory processing disorders; traumatic brain injury; and post-concussion syndrome as well as other acquired neurological disorders. Even after 38 years Helen continues to find occupational therapy as challenging, exciting and intellectually stimulating as she did on her first day of work at Flower Fifth Avenue Hospital in NYC.

Scarzafava, Nettie Jean holds a Bachelor of Science degree in Education. She also holds a Juris Doctorate in Law. She is a graduate of Four Winds Society Light Body School of Energy Medicine. She studied macrobs with Michio Kushi and continues to be passionate about all learning. She worked as a dietitian in a hospital, and taught secondary science and home economics in public schools. She is a retired Judge. She continually finds joy in seeing women become confident and inspired and competent in all areas of life.

Seaman-Mahlke, Heide has been a movie buff since childhood when a “movie night out” was a memorable occasion. She bemoans the proliferation of multiplex theaters with their offerings of noisy techno-whizz films. This class is her attempt to prove that great films still exist and can be seen, even if you have to show them yourself. She also has never met a craft she didn’t like: from early childhood - making doll clothing and hats, from bits and pieces - to today, attending fancy craft schools that instruct in the art of tilemaking, basketry and enameling. She’s always willing (and sometimes, able) to share with others what she has learned.

Smith, Marjorie is a retired teacher of high school and college French and Spanish. She has been fortunate to have studied in France, Spain, Costa Rica and Mexico, as well as being a Fulbright-Hays fellow for curriculum development in Chile. She also taught a variety of subjects in a medium security prison and has offered evening courses in conversational French and English as a second language in Washington State. She thoroughly enjoys retirement, especially travel and CCAL courses.

Smith, Susan C. retired from SUNY Oneonta in April 2013. During her career at the college, Susan worked as a programmer, database administrator and manager. She enjoys biking, hiking, traveling, reading, volunteering for good causes, attending CCAL classes and sometimes working at her computer.

Stayman, Joseph Webster is a retired surgeon who was certified in General, Plastic and Reconstructive, and Hand Surgery. He practiced for thirty years in Otsego County. Treating skin cancers was a major focus of his practice.

Tator, Judy is a retired educator, loving retirement and the adventures which come her way.

Walton-Leavitt, Cynthia is Pastor at the First United Presbyterian (“The Red Door”) Church in Oneonta. She learned to curl when she was in grade school in Wilmette, Indiana, but did not get back to the game until 1989 when she lived north of Schenectady. After curling there for five years, she curled for 14 years in Brockville, Canada while living in Sackets Harbor, NY. Now that she is living in Oneonta, she has rejoined the Schenectady Curling Club.

Wolf-Gould, Chris is a Family Physician who has practiced primary care at Susquehanna Family Practice in Oneonta for 20 years, and has provided care to gender non-conforming patients through our Gender Wellness Center for 4 years. He is a member of the World Professional Association for Transgender Health and has published on this topic.

Yokota, Kiyoka, Ph.D., CLM is a limnologist who teaches biology and lake management courses at SUNY Oneonta. She designed and taught a faculty-led study abroad program to Ogasawara Islands, Japan, which was awarded the 2015-16 SUNY Chancellor’s Award for Innovative Study Abroad Programs. She grew up in northern Japan and earned a BS in Biology with ecology emphasis at Saint Cloud State University (MN) and a Ph.D. in Ecology, Evolution and Behavior at the University of Minnesota – Twin Cities. She is a Certified Lake Manager (CLM) and currently serves as the Region 2 Director for the North American Lake Management Society.

Zdenek, Darryl is a retired manufacturing/distribution manager with a lifelong interest in history, especially the World War II era. After retiring from a 35 year career, he purchased his “hobby farm” in Roseboom. An avid reader of history, he became especially interested in the Pacific theater in WWII and loves to share his learning and views with like-interested people.

CENTER FOR CONTINUING ADULT LEARNING (CCAL)

31 Maple Street, PO Box 546, Oneonta, NY 13820

Office Hours: Tuesday, Wednesday, and Thursday, 12:30 to 4:30 pm

Phone: 607-441-7370 Fax: 607-436-9682 Email: ccaloneonta@stny.rr.com

HOW TO GIVE A CCAL COURSE

The Center for Continuing Adult Learning is dependent on people from all walks of life, including our own members, who are willing to share what they know, do and love, with others who want to learn. Some facilitators teach, some demonstrate skills, some organize programs with outside speakers, and some arrange and lead field trips. Some are active professionals, some are retired, but many are devoted amateurs.

Facilitators volunteer their time and are not paid. However, facilitators who are **NOT** members of CCAL may take ONE complimentary course for each course they teach. Complimentary course must be taken within one year of the date of the course taught. In accordance with college regulations, facilitators may not use a course to sell products or services. **This policy will also be in effect for courses held “off campus.”**

Facilitators have great freedom in organizing courses they want to give, considerable latitude as to when they wish to present them, and may specify minimum and maximum numbers of participants. A course may be scheduled as a single presentation or multiple presentations. Most classes are assigned classroom space at either Hartwick or SUNY at Oneonta colleges. Normally classes are held during daylight hours, Monday through Friday.

Course proposals are approved by our Curriculum Committee (many of whom are facilitators and participants themselves) quite far in advance. Deadlines have been established in order to allow ample time for creation and printing of the catalog by our office staff.

The **WINTER/SPRING** catalog includes courses given January through May. It is compiled the summer before and goes to press in September. Proposals for Winter/Spring are **due by July 15.**

The **SUMMER/FALL** catalog includes courses given June through December. It is compiled during the winter and goes to press mid-February. Proposals for Summer/Fall are **due by January 15.**

Please note: these deadlines create very tight schedules for preparing the catalog for printing – please submit proposals on time!

Are you interested?

- Look over a previous CCAL catalog to get an idea of courses offered and facilitators' backgrounds.
- Contact a member of the Curriculum Committee to discuss what you have in mind and obtain a course proposal form.
- Prepare a course proposal form, also available from the CCAL office and our website (ccaloneonta.org).
- When completing proposal, please be sure to include preferred dates and times as well as a brief facilitator biography.
- Return completed form by deadline to:

CCAL Curriculum Committee
PO Box 546
Oneonta, NY 13820

OR ccaloneonta@stny.rr.com

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COURSE PROPOSAL WITH PREFERRED SCHEDULING INFORMATION

Check one: () Winter/Spring: January through May, 20__

() Summer/Fall: June through November, 20__

Name: _____ Today's date: _____

Address: _____ Phone #: (day) _____

City/Town and Zip code: _____ (eve) _____

Email address: _____

Title of Proposed Course: _____

Course Objectives (3 sentences or less): _____

Course Description (6 sentences or less) _____

Special room or equipment needed: _____

Please list any cost to students for supplies, books, etc. _____

Months, Days and Hours preferred (please list up to 3 choices)

(1) _____

(2) _____

(3) _____

Class size preferred: Minimum _____ Maximum _____

of Class Sessions _____ # of Hours per session _____

Limited photocopying is available to you. Requests must be submitted to the CCAL office AT LEAST 2 weeks PRIOR to the first class session.

How much time, prior to the first class, would you allow enrollment to reach the minimum number of students before canceling class? _____

FACILITATOR BIOGRAPHY: Please use the back of this sheet to write a brief (6 sentences maximum) biography as you would like it to appear in written releases.

Please return this form by _____ July 15 for Winter/Spring _____ January 15 for Summer/Fall

To _____ Curriculum Committee

Address _____

Town/Zip Code _____ Phone: _____

(Completed form may also be emailed or faxed to the CCAL Office)

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Office Use Only:
_ F _ P _ N _ R CK# _____

MEMBERSHIP FORM for January 1 – December 31, 2018

Yes, I would like to join The Center and participate in the learning experiences offered. I understand that the membership fee is \$120 for the calendar year (January 1 through December 31, 2018).

Since CCAL is a non-profit organization, any donations over and above your membership would be gratefully appreciated. Donations would, of course, be tax deductible to the full extent allowed by Federal law.

NEW *If any part of your contact information has changed in the past year, please check this box* **NEW**

1. Enclosed is my membership check for \$ _____ and a donation to CCAL \$ _____

2. This membership is New Renewal

3. Specify how your mailings should be addressed: Mr. Mrs. Ms. Miss Dr. Rev. Other: _____

4. Name _____

5. Address _____

City/Town _____ State _____ Zip Code _____

Phone (____) _____ CELL (____) _____ Email _____

6. Alternate Seasonal Address (give dates) from ____/____/____ to ____/____/____

Alternate Address _____

City/Town _____ State _____ Zip code _____ Phone _____

7. What "call name" or "nick name" do you prefer? _____

NEW 8. May we use photos of you participating in CCAL classes/events on our website? yes no **NEW**

9. Are you retired? yes no

10. What was your former occupation? Please be specific. _____

11. Please indicate your interest in serving CCAL in any of the following areas:

- Board of Directors
- Curriculum Committee
- Member Events Committee
- Nominating Committee
- Public Relations Committee
- Finance and Administration Committee

12. Would you be interested in volunteering to teach a course for CCAL in the future? (A member of our Curriculum Committee will contact you for details.) What topic(s)?

13. Do you want to be on the list to receive notices of CCAL trips? yes no

14. When a current CCAL member recommends someone for CCAL membership and they join, the current member will receive a discount on membership dues for the following membership year.

New Members: tell us who referred you to CCAL: _____

MEMBERSHIP FEE IS DUE ONCE PER CALENDAR YEAR.
WE MUST HAVE THIS COMPLETED FORM + PAYMENT FOR 2018 CALENDAR YEAR BEFORE
WE CAN PLACE YOU IN ANY CLASSES.

Return this form with your check made payable to CCAL to:
 The Center for Continuing Adult Learning (CCAL), PO Box 546, Oneonta, NY 13820

Questions? Contact our Office (607) 441-7370 or ccaloneonta@stny.rr.com
Office hours are Tuesdays, Wednesdays and Thursdays from 12:30 to 4:30 p.m. only
 Scholarships to waive the membership fee are available. Call the Office for an application.

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CCAL COURSE REQUEST FORM
Winter/Spring 2018

Name _____

Street Address _____

City/Town/State _____ Zip Code _____ Phone _____

Would you like to be notified of our course enrollment by **email**? (yes) _____ (no) _____

Email address _____

IMPORTANT TO KNOW: All Course Request Forms will be held until the deadline date. Then class lists are created based on priority numbers, NOT by when the form is received.

It is very important that you put your courses on the Course Request Form in your personal priority order:

- On the deadline date, all members who have signed up for courses will be placed on the class rosters according to priority number, NOT by when their form is received. When course maximum is reached, all remaining requests will go on a waiting list in the order of their priority number.
- Any requests received after the deadline date will be added to class roster/waiting list as class size permits, up to the beginning date of any course.

HELP NEEDED: please put a ✓ in the extreme right-hand column if you are willing to volunteer to be the Class Assistant (take attendance, distribute/collect evaluation forms, etc.) for a particular course.

<u>WINTER COURSE REQUESTS</u> due November 15, 2017:	<u>DATE OF 1st CLASS:</u>	<u>Will you be CLASS ASST?</u>
1 st _____	_____	_____
2 nd _____	_____	_____
3 rd _____	_____	_____
4 th _____	_____	_____
5 th _____	_____	_____
6 th _____	_____	_____

<u>SPRING COURSE REQUESTS</u> due January 15, 2018:	<u>DATE OF 1st CLASS:</u>	<u>Will you be CLASS ASST?</u>
1 st _____	_____	_____
2 nd _____	_____	_____
3 rd _____	_____	_____
4 th _____	_____	_____
5 th _____	_____	_____
6 th _____	_____	_____

We are unable to accept Registrations by telephone. Please submit this completed form by

- **Mail:** CCAL, **PO Box 546**, Oneonta, NY 13820 **or**
- **Email:** ccaloneonta@stny.rr.com **or**
- **FAX:** (607) 436-9682

Before your name can be placed on class rosters, we must have:

1. A completed 2018 Membership Form and 2. Payment for 2018 calendar year

