



## **AFRICAN-AMERICANS ON U.S. POSTAGE STAMPS**

**Dorothy Scott Fielder**      **Thursdays, Feb 17 and 24**      **1:00 – 3:00 pm**

February is Black History Month, an excellent time to learn about the African-Americans honored on U. S. postage stamps and the great variety of their talents and contributions. I have photographed stamps in my collection to illustrate this topic. I have given versions of this topic before, but this is updated through the stamps of 2021. Because of the additional contents, it is preferable to offer the course divided into two sessions. The course will illustrate African-Americans who excelled in music, education, sports, activism, art, poetry and many other fields.

**Location:** Room 104, Morris Conference Center, SUNY Oneonta

**Maximum Enrollment:** 30

**Registration:** To register please email [ccaloneonta@stny.rr.com](mailto:ccaloneonta@stny.rr.com) or call 607-441-7370

## **THE ISLAND**

**Bill Pietraface**      **Wednesday, February 23**      **1:00 – 4:00 pm**

We will view the film "The Island", and will follow with a critical review of the film emphasizing the ethical, legal, social, and moral implications of the film's content and premise.

**Location:** Room 130, Morris Conference Center, SUNY Oneonta

**Maximum Enrollment:** 30

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## **YOU KNOW MORE THAN YOU THINK! MY EVOLUTION TO THE WORLD OF TECHNOLOGY**

**Teri Weigl**      **Friday, February 25**      **1:00 – 2:30 pm**

In the 20 years before I retired, I worked in IT at SUNY Oneonta as the Supervisor of the Computer Help Desk for faculty, staff, and students. Although I will share some technical tips and tricks, this is not a technical class, but an exploration of my evolution as a non-technical person into the field of technology by applying my own life experience. Along the way, I will share my experiences of assisting computer users of all ages and experience, and building a student staffed college computer help desk from literally nothing to the IT Service Desk that it is today.

**Location:** ZOOM (link will be emailed)

**Maximum Enrollment:** enrollment is not limited

**Registration:** Not required, open enrollment

## **CHAIR YOGA FOR BEGINNERS**

**Arlana Young**      **Mondays, February 28 and March 7**      **12:30 – 2:00 pm**

We will learn and explore a variety of yoga postures and breath techniques while seated in, or standing next to, a chair. You will learn the benefits of a regular yoga practice in general, and specifically, the benefits and safety of practicing yoga with a chair for support.

**Attendees will need to wear loose, comfortable, stretchy clothing; have a yoga block or small firm pillow; a four foot or longer strap of some kind (towel, scarf, therapy strap, man's tie, etc.).**

**Location:** Room 104, Morris Conference Center, SUNY Oneonta

**Maximum Enrollment:** 15

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## **THE URBAN HEAT ISLANDS**

**Paul Baumann**

**Thursday, March 10**

**2:00 – 3:00 pm**

Among the most modified environments on the Earth's surfaces are the places where humans have congregated and built cities. According to the United Nations' World Urbanization Prospects, 56.61% of the world's population lived in urban areas in 2021, a proportion that is expected to increase to 68% by 2050. An urban heat island occurs when, due to human activities, a city creates land use conditions that produce temperatures significantly warmer than adjacent rural areas. The natural land cover is replaced with dense concentrations of pavement, buildings, and other surfaces that absorb and retain heat. Urban land use is viewed as a major contributor to global warming. This presentation, through the use of satellite imagery, will examine various urban landscapes with respect to their temperature conditions.

**Location:** Room 104, Morris Conference Center, SUNY Oneonta

**Maximum Enrollment:** 25

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## **DISCUSSION OF “THE DOCTORS BLACKWELL: HOW TWO PIONEERING SISTERS BROUGHT MEDICINE TO WOMEN AND THE WOMEN TO MEDICINE” BY JANICE P. NIMURA**

**Marilyn Helterline**

**Monday, March 14**

**11:00 – 12 Noon**

**Monday, March 21 & 28**

**10:00 – 12 Noon**

This course will be a discussion of “The Doctors Blackwell: How Two Pioneering Sisters Brought Medicine to Women and the Women to Medicine” by Janice P. Nimura. Through the biography of Elizabeth and Emily Blackwell, two of the first women to receive medical degrees in the United States, we will gain insights into these two women, the history of women's roles and education in the mid and late 19<sup>th</sup> century, and the history of medicine during this period. According to Megan Marshall, Pulitzer Prize winning biographer, “This rousing story of two brilliant and determined nineteenth-century sisters is also a history of American medicine – how it was practiced and by whom.”

**Cost:** Purchase of “The Doctors Blackwell: How Two Pioneering Sisters Brought Medicine to Women and the Women to Medicine” by Janice P. Nimura. It is available in hardcover and as an e-book.

**Location:** Room 104, Morris Conference Center, SUNY Oneonta

**Maximum Enrollment:** 25

**Registration:** To register please email [ccaloneonta@stny.rr.com](mailto:ccaloneonta@stny.rr.com) or call 607-441-7370

## **CLIMATE FICTION: A GENRE FOR OUR TIME**

**Marjorie B. Kellogg**

**Wednesday, March 23**

**10:00 am – 12 Noon**

In 2020, blogger Theodora Sutcliffe described climate fiction as “an emerging genre of writing...[that] is teaching us about the world as we need to see it: a planet in the grip of a climate crisis that will shape our lives for as long as we inhabit Earth.” But climate fiction is not entirely new. We will develop a working definition of climate fiction and visit the history of climate fiction to better understand its current relevance.

**Location:** Room 104, Morris Conference Center, SUNY Oneonta

**Maximum Enrollment:** 20

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## **FOLK ART AND CRAFTS ON U.S. POSTAGE STAMPS**

**Dorothy Scott Fielder      Monday, April 4      10:00 am – 12 Noon**

I have photographed stamps in my collection that show a variety of forms of folk art and crafts. They beautifully illustrate the talents of many artisans and many represent some of the cultures that make up the population of the United States. The variety may amaze you.

**Location:** Room 104, Morris Conference Center, SUNY Oneonta

**Maximum Enrollment:** 30

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## **OUR FOREST FIRE EXPERIENCE**

**Paul Baumann      Tuesday, April 5      2:00 – 4:00 pm**

A megadrought situation exists in the American Southwest establishing ideal conditions for large forest fires throughout the region. My wife and I have a vacation home in the Sangre de Cristo Mountains of Southern Colorado. During the summer of 2018 our home was in the middle of the third largest recorded forest fire in the history of Colorado at that time. We were at our home when the fire started and when it was subdued several weeks later. This presentation deals with some of the physical and mental conditions that we experienced during this period.

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## **OCTAVIO AND OLEG – MASTERS OF ILLUSION **CANCELLED****

**Alice Cannistra      Tuesday, April 12      10:00 am – 12 Noon**

Mexican metamorphic artist Octavio Ocampo and Ukrainian “Master of Faces” Oleg Shuplyak share a talent of superimposing and juxtaposing objects, shapes and figures on canvas, creating a visual feast of layered imagery. The fun will be in comparing and contrasting the works of these two contemporary masters of deception and sharing what each of us sees in their paintings.

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## **THE MEANING OF MARY MAGDALENE**

**Dale Capristo      Wednesday, April 13      1:00 – 3:00 pm**

Beloved and devoted disciple of Jesus, Mary Magdalene has been waiting for the time when the sacred feminine could emerge once again in our civilization. The time is now. Reading from several sources, we will engage in a process of discovery to unveil the mystery that Mary Magdalene embodies. We will delve more deeply into qualities of Mary Magdalene to incorporate more of the Divine Feminine in our own lives. Together we will learn more about the Divine Feminine, learn about Mary Magdalene’s spiritual Path of Devotion, and explore ways to dive more deeply into your own Path.

**Cost:** Purchase of Books:

**The Meaning of Mary Magdalene: Discovering the Women at the Heart of Christianity** by Cynthia Bourgeault

**The Gospel of The Beloved Companion, The Complete Gospel of Mary Magdalene** by Jehanne De Quillan  
**Mary Magdalene Revealed** by Meggan Watterson

**Location:** Le Café (basement), Morris Conference Center, SUNY Oneonta

**Maximum Enrollment:** 25

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## **TALES TO TELL: CONFRONTING THE UNEXPECTED – GUSTO AND CLOSE CALLS**

**P. Jay Fleisher      Wednesdays, April 20, 27      10:00 am – 12 Noon**

Conducting geologic field work in the search for new scientific information has taken me to many unique and exciting places in which I've experienced gusto events peppered with a combination of exciting and gratifying results. We will visit some of these sites in several parts of Alaska, the Sierra Nevada Mountains, the Navajo and Hopi Reservations, Iceland, and the Himalayas.

**Location:** Craven Lounge, Morris Conference Center, SUNY Oneonta

**Maximum Enrollment:** 55

**Registration:** To register please email [ccaloneonta@stny.rr.com](mailto:ccaloneonta@stny.rr.com) or call 607-441-7370

## **A BRIEF HISTORY OF THE HOMER FOLKS TUBERCULOSIS HOSPITAL**

**Bob Brzozowski and Janet Potter      Friday, April 22      10:00 am – 12 Noon**

Homer Folks Tuberculosis Hospital (1935 -1973) in Oneonta was part of a statewide network to provide free care to all New York State tuberculosis victims. The 250-bed facility included 11 buildings on upper West Street and is now home to the Oneonta Job Corp Academy. Explore with us the fascinating history of the Homer Folks Hospital, its buildings, its staffing, and learn about the patients and their treatment.

We will relay stories and show images that bring to life people, events, and practices used at Homer Folks Tuberculosis Hospital.

**Location:** Room 104, Morris Conference Center, SUNY Oneonta

**Maximum Enrollment:** 30

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## **CONTEMPORARY TOPICS IN FICTION**

**Mary Miller      Fridays, April 29, May 20, June 24      10:00 am – 12 Noon**

This course is a book club to gather avid readers who wish to discuss current fiction in a congenial setting. Rather than a pedantic overview of selected books, this is a book club comprised of interested readers who wish to discuss contemporary fiction. There will be much give and take involved in each class. Each member is encouraged to participate and share his or her views. The selected works will be announced in February and class members will be notified of the titles.

**Cost: Cost of the books (to be announced)**

**Location:** Room 104, Morris Conference Center, SUNY Oneonta

**Maximum Enrollment:** 25

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## **HOW TO READ A POEM AND FALL IN LOVE WITH POETRY ~~CANCELLED~~**

**Margaret Avritt      Thursdays, April 21, 28 and May 5      10:00 am – 12 Noon**

Poetry is endlessly interpretable. Often there is something about it that evades understanding and thought, something ineffable. This course will provide some strategies for accessing poetry. Our primary strategy will be the examination of poetry as a form of meaningful contact between poet and reader. "The poem is an original creation, but it is also reading and recitation: participation. Poet and reader are two members of a single reality." This is not a course on the technical aspects or history of poetry, although some of this will be discussed. Copies of the poems will be provided.

**Location:** Room 104, Morris Conference Center, SUNY Oneonta

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## **“TINY TIDBITS AND TREASURES” - HISTORIC ONEONTA INSIGHTS FROM HENRY WILCOX’S DIARIES 1867-1911**

**Helen Rees and Norma Slawson      Tuesday, May 10      10:00 am – 12 Noon**

Henry’s daily entries went from brief observations on weather and crops to lengthy, and slightly poetic, descriptions of daily Oneonta life and his surroundings. Local changes, yearly cycles of crops and work, business and legal activities, and observations of local issues are all commented upon. “Tiny” excerpts and “tidbits” from these diaries are treasures which will bring early Oneonta to life.

**Location:** Swart-Wilcox House, Wilcox Ave., Oneonta

**Maximum Enrollment:** 20

**Registration:** To register please email [ccaloneonta@stny.rr.com](mailto:ccaloneonta@stny.rr.com) or call 607-441-7370

**APPENDED APRIL 14, 2022:**

## **NEAR AND NEARING DEATH EXPERIENCES**

**Maryanne Kehoe      Friday, May 13      1:00 – 3:00 pm**

After a brief description of near/nearing death experiences and commonalities, we will dialogue. As a long-time healthcare provider with extensive hospice and ICU experiences, I will share my thoughts and ask others to engage in the dialogue.

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## **THE SCIENCE AND POLITICS OF THE COVID-19 PANDEMIC; THE GOOD, THE BAD, AND THE UGLY**

**Charles Hartley      Wednesday, May 18      1:00 – 2:30 pm**

I’ll give a brief introduction to the Covid-19 virus, describe the models by which virologists predict its spread, and then detail some of the subsequent actions made by scientists and politicians (not just President Trump) that helped or hurt the spread of the virus.

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## **PARIS...MORE THAN THE EIFFEL TOWER, CHAPTER 10: La SEINE**

**Bill Ryall      Monday, May 23      10:00 am – 12 noon**

In this chapter of our continuing exploration of Paris, we will consider many aspects of the Seine as it flows through the city. We will look at the islands, the quais, the many unique bridges, river traffic in its various forms, the amazing and constantly changing light that draws this photographer to the Seine, and many other sub-themes related to the most navigable of the rivers flowing through *la belle* France.

**Location:** Craven Lounge, Morris Conference Center, SUNY Oneonta

**Maximum Enrollment:** 55

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